

SCHOOL BAG POLICY & HOMEWORK POLICY

At Carmel Convent School all teachers set homework for their students as per the norms of the NEP. It is to be noted that study is different from homework, (Study is self directed and is in ADDITION to class homework. Where homework is not provided, students may use their allocated home time for study) and teachers are encouraged to develop students' understanding of this further.

The following guidelines form the basis of our policy:

Homework facilitates the achievement of learning outcomes, forms part of a developmental learning program that is responsive to individual needs, clearly relevant, supported by classroom practice and, where appropriate, is developed in collaboration with students, and is not used as a form of punishing students or means of securing discipline.

According to this policy following practices are adopted by the school to reduce the weight of the school bags.

1. **Practice based curriculum** : All the students from grade 6 – 8 participate in a 10 day bag-less (one day per month) period and join a fun course and hands-on experience such as practical nursing, tie-dye, stitching, gardening , pottery making etc. for providing them internship opportunities for their holistic development.
2. **Learning without burden** :
 - Asking a pair of students sitting nearby to share the textbook.
 - Notebooks and class work copies are being kept in schools.
 - Practice of having one notebook for all the subjects or daily files with loose sheets is more helpful than notebooks.
 - Dictionaries and other additional books should be avoided.

- **Reduce the homework timing:** While planning the syllabus or course of study, the time for face to face interaction, self study or homework needs to be accounted for.

Classes	Homework timing
Pre primary	No homework
I - II	No homework
III - V	Two hours a week
VI - VIII	5 to 6 hours a week i.e. one hour per day
IX – XII	10 to 12 hours a week i.e. 2 hours per day

- **Checking of students bags:** Schools also arrange periodic checking of school bags in the morning assemblies by the teachers or the supervisors. For this the school will keep a digital weighing machine to check the weight of school bags in the school.
- The Schools keep a digital weighing machine on school premises and monitor the weight of school bags regularly.

Class	Average body weight (KG)	Recommended bag weight (KG)
Pre primary	10 - 16	No bag
I	16 - 22	1.6 – 2.2
II	16 - 22	1.6 – 2.2
III	17 - 25	1.7 – 2.5
IV	17 - 25	1.7 – 2.5
V	17 - 25	1.7 – 2.5

VI	20 - 30	2 - 3
VII	20 - 30	2 - 3
VIII	25 - 40	2.5 - 4
IX	25 - 45	2.5 - 4.5
X	25 - 45	2.5 - 4.5
XI	35 - 50	3.5 - 5.0
XII	35 - 50	3.5 - 5.0

- **Home work log books** are maintained by the Class Captain under the guidance of the Class Teachers. Every teacher enters the homework in that sheet at the end of the class.