

HYGIENE POLICY

The content of this policy outlines the pattern of development through learning about hygiene, which Carmelites follow. The policy refers to the teaching of health and wellbeing, concerning pupils.

Aim

- To establish and maintain life-long healthy lifestyles and good hygiene habits and to provide a clean and hygienic school environment to promote the welfare of children and staff.

Objectives

- To ensure all aspects of good hygiene are encouraged among pupils, staff, and visitors.
- To provide consistent messages in school about good hygiene within and outside of the taught curriculum.
- To increase pupils' knowledge, understanding, experience, and attitudes towards good hygiene.
- To ensure the provision for hygiene in school reflects the cultural and medical needs of all pupils.
- To ensure the school environment is a hygienic place to learn and work in.

Delivery

At Carmel, pupils learn about hygiene using approaches that provide:

- Consistent accurate information presented simply and clearly
- Informative and accessible reading material
- Access to peers and credible adult experts, in addition to teachers
- Stimulating and enjoyable tasks

Use of outside sources

Where people are invited into the school and seen as contributing to the school's hygiene programme. Visitors who deliver any aspects of Hygiene are involved in the planning of the full programme and contribute their specific expertise where required.

Environment

To assist the school in achieving statutory compliance the nurse ensures that:

- the school premises (furniture, furnishings, and fittings) are clean and safe before the children arrive each day
- all cleaning chemicals and equipment are stored safely in a lockable cupboard
- include hygiene procedures in staff induction and training
- waste is removed promptly and is not allowed to accumulate
- well-maintained toilet facilities are provided where pupils feel comfortable and safe and have open access to throughout the school day
- provision for suitable, sufficient, and readily accessible hand washing and drying facilities for staff and children are available.
- maintenance of water coolers
- use notices, posters, and staff meetings to promote good hygiene practices
- a list of notifiable diseases is kept and staff are familiar with local guidelines and procedures for notifying the outbreaks of disease
- display a list of addresses and telephone numbers for key health contacts

Toilets and Toileting

To ensure staff are aware of and can carry out effective hygiene practices, the nurse ensures that;

- all toilets are open and available to pupils throughout the school day
- the toilet and washroom facilities are suitable for the range of users, including pupils with disabilities and special needs, and cater for the needs of all pupils from ethnic and religious communities

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- the toilet facilities provide appropriate privacy for users
- all toilet areas have access to supplies of warm and cold water, liquid soap, and toilet tissue in dispensers, provided at a convenient height, at all times
- provision of sanitary disposal units
- ensure drinking water supplies are available in appropriate locations, and not in toilet areas
- Supervision of the toilets at break and lunchtimes is undertaken by Staff if required.

To prevent the spread of all infections, staff at Carmel ensures the following toileting good practices are observed: -

- Only staff members accompany pupils to the toilets, as required
- The staff takes into account every child's individual needs and work in partnership with Parents/Carers in toileting matters
- Any accidents are dealt with swiftly, with minimal fuss, involving a change of clothing for the child
- Spare laundered pants, and other clothing is available in case of accidents. Polythene bags will be available in which to wrap soiled garments to return them to the Parent/Carer
- Paper towels are available and disposed of appropriately when used.
- Hand washing and all aspects of hygiene are encouraged by all staff

COVID-19

During covid 19: hygiene became important to look after themselves as there is no cure for this pandemic. It is the hygiene that kept us safe and will continue doing so. During this virus, it was these little things that help us to survive - Washing hands, covering our faces, sanitization, etc. Things we use to neglect, are now the most important part of our life. For every human personal hygiene is as important as our daily food.

Personal hygiene gives us a healthy and diseases free life. In simple words, personal hygiene is taking care of one's body.

We can maintain personal hygiene by following some of the measures that help us to maintain diseases free life.

- Practising daily handwashing with soap before and after eating is very important.
- Brushing teeth twice a day keep teeth free from germs and infections.
- Keep your surroundings clean
- Keep your tools, instruments, and machinery clean.
- Keep your office file clean.
- Never feel shy in cleaning your tables by yourself
- Use toilet in a proper way
- Use more water to avoid smell and stain.

On the other hand cleanliness of the house is also very important; the room should be well ventilated for fresh air and oxygen. The sunlight kills the germs. Thus we should care for everything in our daily life with proper hygiene can ensure a healthy life.

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