

# Carmel Spectrum

*Carmel Convent School, Jammu*



## Online Exams With Social Distancing Armour

The lockdown has put examination schedules on hold across the country. The month of May is generally for conducting the Unit Tests in schools but as we all know how unfortunate this year has been for the Education Sector. Tests and exams are meant to challenge oneself. Every student took up this challenge and answered the question papers with ease. The mode of the unit test was different for each class and subject. It was not an easy task at all but with well-equipped staff and students, we pulled it off effortlessly.

The results obtained by our students were purely based on their self-studies and their marks proved that the faith we placed in our students became their strength. The evaluation process took twice as much time and energy of the teachers as they normally do.

With social distancing norms in place, monitoring candidates is going to be trickier and enough technology is not available to keep an eye on them individually, but still, the school management tried their best to do the same.

If school closures and their related challenges with distance learning have taught us anything, it is that we must liberate learning from outdated curricula and the disproportionate emphasis on information transfer.



## *From the Principal's Desk-*

*Another month, another breakthrough!*

Challenge is a part of life, even if you lose you win but not daring to take the challenge, it is a pure loss. From the 1st of April, school management and our teachers have been working tirelessly to carry out everything flawlessly for the students. They are also facing ups and downs but what keeps them going is their strong determination, their passion for teaching, and the school motto "Belief Enhances Life". We, as a school community, try to focus on what we have rather than what we don't. And that, makes the difference in the life of every Carmelite.



# VIRTUAL FUN

## DANCE COMPETITION



**Dance to Impress, Classes- LKG to XII**  
With the aim of honing the dancing skills of students, an inter-school dance competition was organised. The type of dance form of the competition were pom-pom (LKG-II), hip-hop/break-dance (III-V), jazz/salsa (VI-VIII), and contemporary/musical theater (XI-XII).

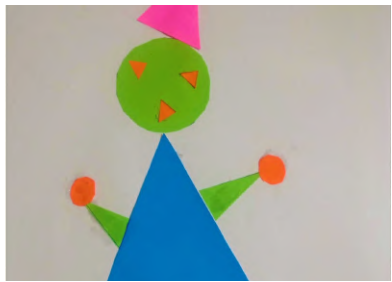
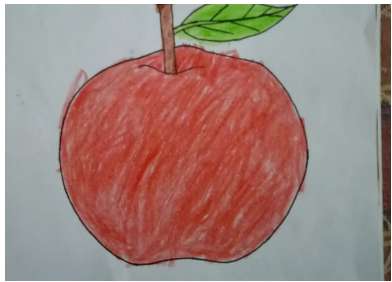
## POETRY RECITATION



**Classes- LKG and UKG**  
Students recited a poem with expressions, creativity and voice modulation. They recorded this activity and sent these videos to the management.



## DRAWING AND COLOURING



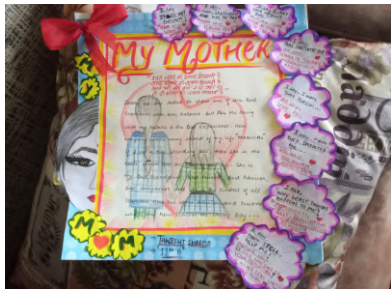
**Classes- LKG and UKG**  
LKG class students drew apple and coloured it, whereas, students of UKG drew doll and house using shapes and figures.



# INTERNATIONAL MOTHER'S DAY



**Classes- LKG to XII**  
Different competitions were held in groups. Hand print heart-shaped card (LKG-II), bookmark & painted stone (III-V), scrapbook with pictures and captions (VI-IX) and article on memories of mother (X-XII).



# INTERNATIONAL FAMILY DAY



**Classes- LKG to XII**

Classes were divided into groups and the following activities were given to the students- family tree (LKG-II), family pinwheel (III-VI), family book (VII-IX) and personalised cards (X-XII).



# INTERNATIONAL LABOUR DAY



**Uncovering Happiness and satisfaction, Classes- V to VIII**  
Students (from classes V & VI) made an appreciation card on topic- 'Devotion'. and students from classes VII & VIII students prepared a collage on topic- 'Hard work' using pictures of several professions.



- Heritage Day (VI- IX)**
- Aadhya Sharma, VI A
  - Aditi Mehra, VI A
  - Agrima Charak, VI B
  - Sakshi Sharma, VI A
  - Lavanya Sharma, IX A
  - Devjeet Kour, IX A

**Declamation Contest (VII & VIII)**

- Runzun Chajgotra, VIII A
- Diksha Choudhary, VII B
- Anhad Kour, VII B
- Gursheen Kour, VII A

**Earth Day (V - VIII)**

- Supriya Kangotra, VI B
- Poojneek Kour, VI B
- Mehar Gupta, V A
- Ariana Sharma, VII B
- Sanvi Rajput, V B

**Draw & Colour- I&II**

- Aaradhya Jamwal, I B
- Shanaya Khadotra, I B
- Damanpreet Kour, II B

**Just A Minute IX & X**

- Harleen Kour, X A
- Hiti Bhan, X B
- Anchita Badhan, X B
- Ishpreet Kour, IX A

**Essay Writing- COVID IX - XII**

- Latika, XI B
- Sabhyata Verma, X B
- Vanshika Bhushan, X A
- Niharika Tuli, XII B
- Kritika Sharma, IX A

**Labour Day- V & VI**

- Sanchi Rajput, V A
- Aaradhya, V A
- Tavisha Mahajan, V B
- Krishita Gupta, VI B
- Neha Bawa, VI B

**VII & VIII**

- Pragati, VII A
- Muskan Sharma, VIII B
- Shiv Priya, VII A
- Avanpreet Kour, VII B
- Sirjan Kour, VII A

**Draw and Colour LKG&UKG**

- Adriti Mehra, LKG A
- Dhruvika, LKG A
- Harsirat Kour, LKG A
- Maahin Gupta, LKG B
- Samaira Gandotra, LKG A
- Anahita Rajput, LKG A
- Aadhya, UKG A
- Aahuk Mahajan, UKG B
- Aashvi Choudhary, UKG B
- Saanvi, UKG B
- Virajni Rajput, UKG B
- Tajasvi Sharma, UKG B

**WINNERS of all the online competitions held**

in April 2020 - May 2020

**Dance Competition LKG A & B (Pom Pom)**

- Adhira Sangral, LKG A
- Nitya Goswami, LKG B
- Maahin Gupta, LKG B
- Gurnaaz Kour, LKG A
- Takshvi Sharma, LKG A

**UKG A & B**

- Gurnoor Kour, UKG B
- Surveen Kaur, UKG B
- Anvesha, UKG B
- Vaibhavi Gupta, UKG A
- Mayra, UKG A

**I A & B**

- Sanvitha, I A
- Arnidh Kour Sagar, I A
- Jasbir Kour, I B
- Shanaya Khadotra, I B
- Sunanda Aithian, I B

**II A & B**

- Aakriti Jasrotia, II A
- Divya Lugun, II A
- Prabhnoordeep Singh, II A
- Japleen Kour, II B
- Seerat Kour, II B

**III - V (Folk Dance)**

- Ganiya Goswami, III A
- Harpreet Kour, IV A
- Saanvi Mahajan, V A
- Shanaya Jamwal, IV A
- Areeba Malik, V A

**VI - VIII (Hip - Hop / Break Dance)**

- Diksha Choudhary, VII B
- Sabgun Kour, VII B
- Avanpreet Kour, VI B
- Japneet Kaur, VI B
- Sameeksha Mahajan, VII A

**IX- X (Dance Form- Jazz / Salsa)**

- Anchita Badhan, X A
- Aleena, Aashraye & Ananya, X A&B
- Minerva, X B
- Hiti Bhan, X B
- Vanshika Verma, X B

**XI- XII (Contemporary/Musical Theatre)**

- Khushdeep Kour, XII B
- Gurpreet Kour, XI A
- Prerna Bhat, XII A
- Shivika Khajuria, XII B
- Reet Sudan, XI A

**Poetry Recitation (LKG & UKG)**

- Advitiya Sharma, LKG B
- Rangat Kour, LKG B
- Samaira Gandotra, LKG A
- Eega Bavouria, LKG B
- Chitaar Kaur, LKG A
- Aadhya, UKG A
- Aliviya Sharma, UKG A
- Aanya Gupta, UKG B
- Myra Sharma, UKG A
- Prizleen Kour, UKG A

**International Mother's Day Pre Primary to II**

- Jasbir Kour, I B
- Noreen Kour, II B
- Sanvitha, I A
- Eega Bavouria, LKG B
- Ruhi, LKG B

**III - V**

- Urvi Singh Jamwal, V A
- Sehaj Verma, IV B
- Manvi Sharma, IV B
- Surbhi Bhat, III B
- Shireen Manchanda, V B

**VI - IX**

- Supriya Kangotra, VI B
- Vartika Jamwal, IX A
- Samriti Choudhary, VII B
- Diksha Choudhary, VII B
- Sehar Gupta, VIII B

**X - XII**

- Tawishi Sharma, XI B
- Palak Saini, XI B
- Siya Gupta, X B
- Akrita Kour, XI B
- Sumaira Singh, X B

**International Family Day Pre Primary - II**

- Eega Bavouria, LKG B
- Harsirat Kour, LKG A
- Mrigakshi Dabgotra, I B
- Tejasvi Sharma, UKG B
- Hridya, II A

**III- V**

- Gurleen Kour, IV A
- Areeba Malik, V A
- Harneet Kour, III B
- Babekdeep Kour, IV A
- Prabgun Kour, III B

**VI- IX**

- Agrima Sharma, VII B
- Vartika Jamwal, IX A
- Supriya Kangotra, VI B
- Vedika, VII A
- Dhanak, VI A

**X- XII**

- Palak Saini, XI B
- Prerna Bhat, XII A
- Pavni Gupta, XI B
- Chitra Singh, X A
- Navnidham Kour, XII A

