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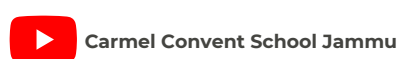
YEARS OF CARMEL JAMMU



CARMEL SPECTRUM

JULY 2020

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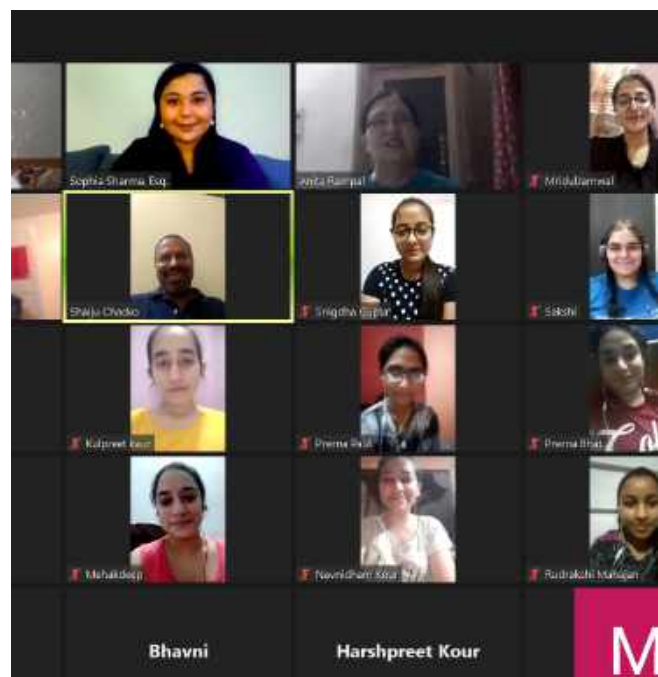
The year 2020 marks the 25th anniversary of Carmel Convent School, Jammu, and the school celebrated this milestone by hosting a Facebook and Youtube live.

12 ONLINE ACTIVITIES

Students showed their creatives once again on School Feast Day and participated in Cooking Competition.

14 WINNERS

Winners of all the online activities held in June 2020 and July 2020



“ **TILL WE MEET
AGAIN
FATHER SHAIJU
CHACKO** ”

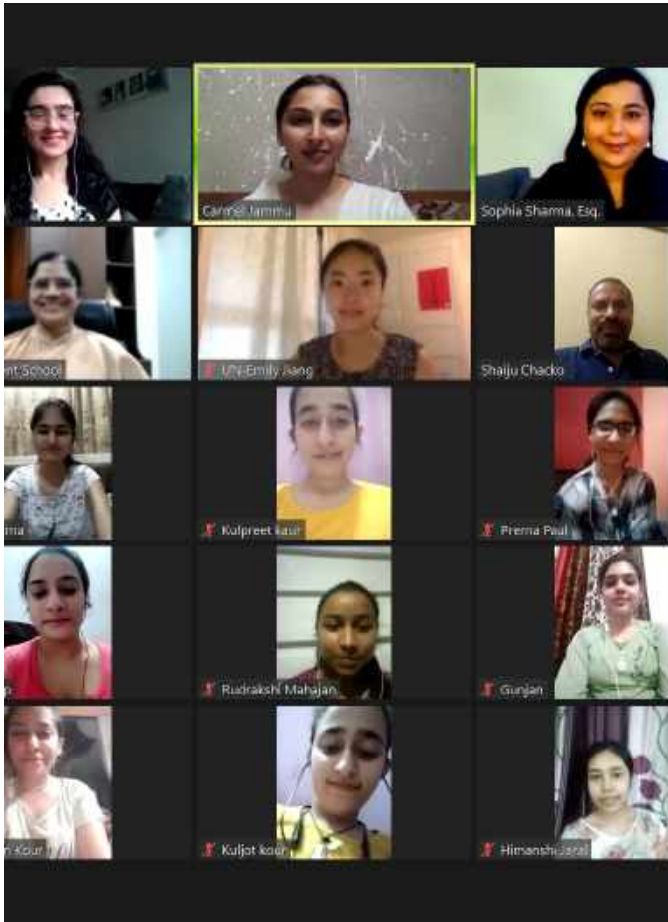


CARMEL CONVENT SCHOOL JAMMU BIDS HEARTFELT ADIEU TO FATHER SHAIJU CHACKO

He has always put the staff's needs and goals ahead of his own, and we all appreciate him for it. Thanks to Father Shaiju for being such a strong source of encouragement for all of us and supporting us through each obstacle we faced. It is with a heavy heart that we all wish him goodbye, but we are excited for him and the opportunities this new institution will afford him.

As he moves onto the next step in his career, Carmel assures you that your teachings will always be there among our team. We wish him the best of luck in this next chapter of his career. He is an exceptional leader and a good friend that each of us will sorely miss.

"EVERY ENDING HAS A NEW BEGINNING"



INSIDE THE UNITED NATIONS HEADQUARTERS

Carmel Convent School, Jammu organized an event to enter the United Nations house in New York City, USA on 10 July via the Zoom app. The virtual tour of the United Nations with Visit UN offered an exciting opportunity to explore the United Nations from the comfort of our own home. This journey took Carmel through a virtual Security Council Chamber and General Assembly Hall with its beautiful designs while showing some of the works of arts decorating the inside of the United Nations Headquarters. One of Visit UN's Tour Guide, Ms. Rabeea Khalid, guided us through the Organization's history with a focus on the work of its principal organs.

The Chief of the Guided Tours, Mr. Vincenzo was also present in the session along with his teammates. Through the interactive experience students of Carmel Jammu learned how the United Nations addresses issues such as disarmament, peace and security, human rights, and how we can support the Sustainable Development Goals. During the pandemic, while the United Nations Headquarters are closed, images of the famous General Assembly Hall, the Security Council Chamber, and other venues brought the location to life.

This talk was a part of a year-long celebration of the United Nations' 75th Anniversary. The virtual event was organized for Humanities students, who ask a few questions after the tour. The tour was ended with a video that showed the different departments of the United Nations.

“UN's Virtual tour was the most wonderful experience we all ever have. The way Ms. Rabeea Khalid explained to us about the UN formation and working was amazing. Thanks to our worthy principal Sr. Maria Swati, Father Shaiju Chacko, teacher Mrs. Anita Rampal, Ms. Sophia Sharma, who took some time from their busy schedules and gave us this opportunity. It was a remarkable session for all of us and we feel privileged. We all learned and explored many new things in just a few minutes. Thanks to everyone for organizing it”, said Bhavni, a student of Class XII, Humanities.



WELCOME BACK



SO GLAD YOU ARE BACK!

25
YEARS OF CARMEL JAMMU



**IT IS WITH GREAT
PLEASURE THAT
CARMEL CONVENT
SCHOOL JAMMU
WELCOMES**

**FATHER JOSE
VADAKKEL**

***We are very excited
to have you onboard
again with us!***

Father Jose's previous experience with us was impressive and he will be a perfect addition to our team once again. We are looking forward to getting you ingrained in the team. We are incredibly grateful to have your skills and experiences to round out the team and head towards sure success! We very much look forward to working with you again.

25 YEARS OF



CARMEL JAMMU

Carmel Jammu Celebrates the 25th Anniversary

The year 2020 marks the 25th anniversary of Carmel Covent School, Jammu, and the school celebrated this milestone by hosting a Facebook and Youtube live on July 9, 2020. The highlights of the show were the Sisters of yesteryears, who were invited for a discussion along with few ex-students. The presence of former leaders of Carmel- Sisters Lisetta A.C., Dorita A.C., Beena A.C., and Margaret Angela A.C. made the show more blissful. A few Carmelites, Mohita Rampal, Priyanka Slathia, Alisha Luthra, and Cheena Sumbriya who were in school during their tenure graced the show by sharing their school memories.

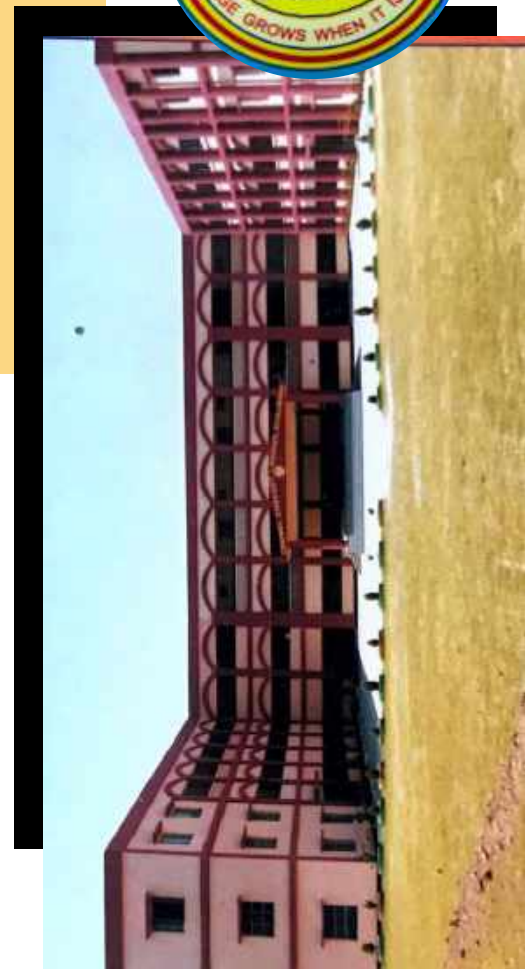
Sisters Lisetta A.C. and Beena A.C. rendered their services in the school's initial stages of growth. Started her journey in Carmel Jammu in 1997, Sister Lisetta was here till 2001. They both worked diligently and went beyond their limits to help Carmel reach heights.



Talking about Sr. Dorita A.C, she served Carmel Jammu from the year 2001 to 2006 and was a passionate leader who took Carmel to brighter places. Sr. Dorita A.C. brought a lot of changes in the infrastructure, academics, and so on. Listening down her exceptional deeds and qualities she brought into Carmel might not be possible because it was under her guidance when Carmel grew rapidly. Carmel saw a massive change under Sr. Dorita's guidance, whereas Sr. Margaret Angela A.C. also played a very important growth in the school's germination.

Carmel Jammu's principal Sister Maria Swati A.C. expressed that the evening was intended to be a time of Carmel family being together and a time to celebrate. "The aim was to reconnect and see how far we have come. I am so proud of my Carmel Family and everyone who has worked tirelessly to make the best of 25 years" said Sister Swati.

The discussion was interactive and nostalgic as the ex-students, Mohita Rampal, Priyanka Slathia, Alisha Luthra, and Cheena Sumbriya also joined. All of them expressed their love for Carmel and it was wonderful to see all of them remembering each detail of their school time so deeply and clearly which took us to the Golden Days of Carmel.





COOKING COMPETITION

Classes- V to XII

Activity: Salad Competition
Group: V- VII

Activity: Beverage Making
Group: VIII- X

Activity: Cake Making
Group: XI & XII



SCHOOL FEAST DAY

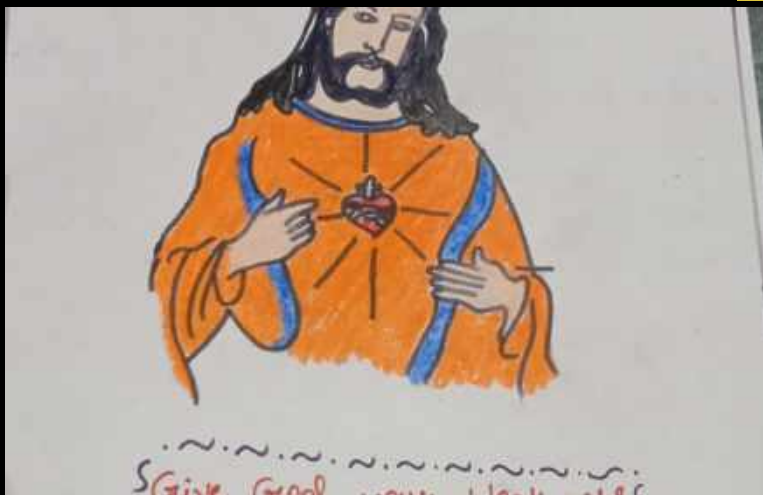
Activity: Card Making
Group: Pre Primary – II

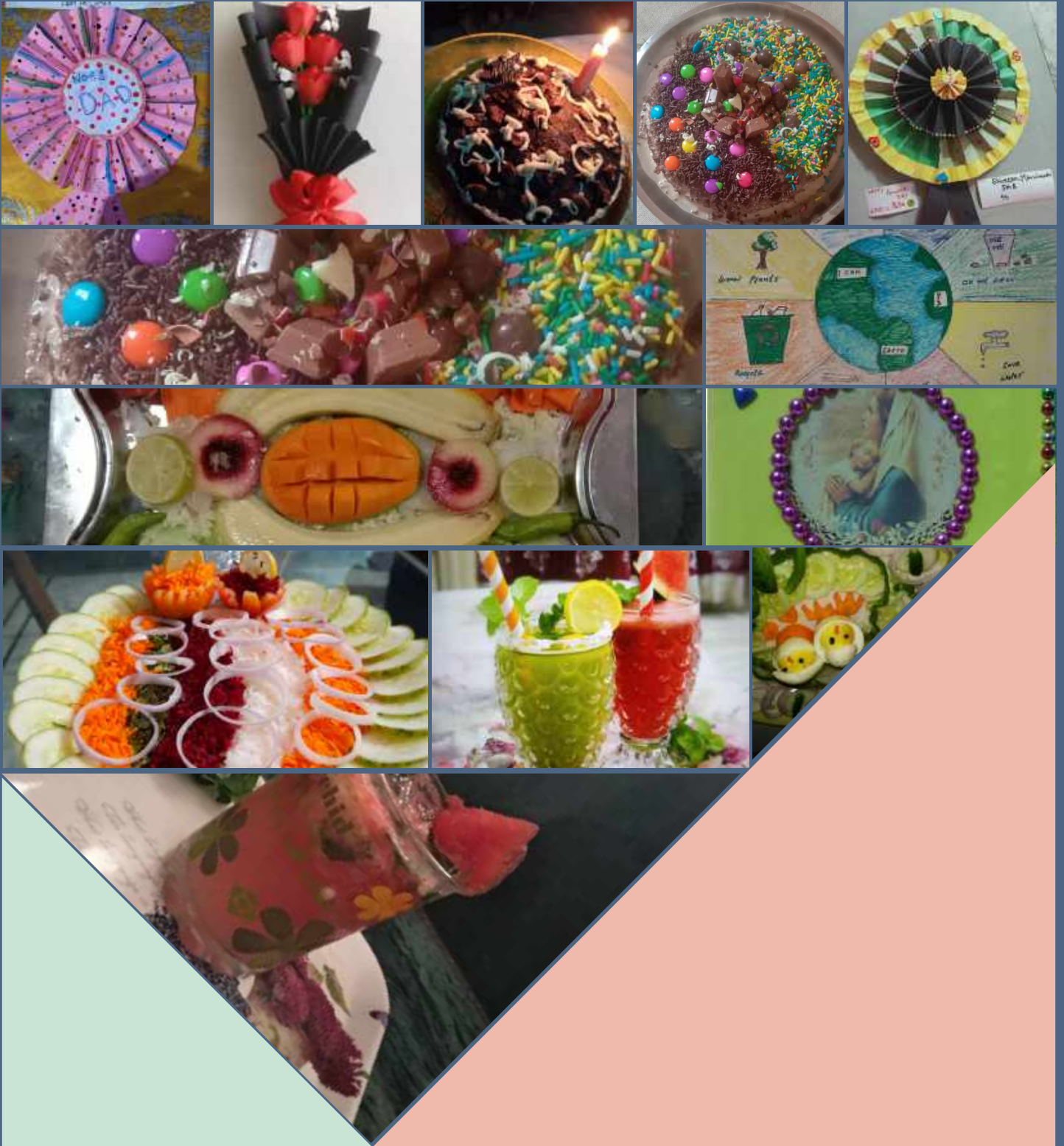
Activity: Collage Making
Group: III & IV

Activity: Advertisement & Slogan
Group: V & VI

Activity: Poster Making
Group: VII & VIII

Activity: Painting /Sketch
Group: IX-XII





LIFE IS ART,
PAINT YOUR
Dreams

Winners of Activities (June- July) 2020

Environment Day

Poster Making

Deepika Rajput, VIII B
Niharika Rattan, VIII B
Zubia Malik, VIII B
Shivani Behal, VIII A
Suhani Sharma, VIII A

Best Out Of Waste

Mannat Angral, IX A
Janveen Kour, IX A
Aadhya Sharma, IX B

Urdu Speech Quest

Ardhdeep Kour
Maadeha Ashraf, VII B
Pearl Preet Kour, VIII A
Harsimran Kour, X A
Vanshika Bhushan, X A
Mannat Angral, IX A
Ikjot Kour, X A

Yoga Day

Gurnoor Kour, UKG B
Arshi Mahajan, UKG A
Gautami, LKG A
Asrit Kour, I A
Aashvi Thapa, II A
Divya Lagun, II A
Heena Charak, VI A
Sanchi Rajput, V A
Manvi Sharma, IV B
Advita Singh, VI B
Aaradhya Sharma, IV A
Anhad Kour, VII B
Rimjhim Khajuria, IX A
Shranya Sharma, VIII A
Karnika Bhasin, VIII B
Vanshika Randhawa, VII B
Palak Saini, XI B
Ikjot Kour, X A
Harshita Jain, X B
Kashish Gouria, XII B
Sania Slathia, X A

Cooking Competition

Beverage Making

Aadhya Sharma, IX B
Bhoomika Manhas, IX A
Sonam Choudhary, VIII A
Mehrab Choudhary, X B
Aekamdeep Kour, IX B

Salad Competition

Harman Kour, VII A
Urvi Singh Jamwal, V A
Jhanvi Singh, VII A
Smeeksha Mahajan, VII A
Navania Sharma, VI A

Cake Making

Khushdeep Kour, XII B
Latika Menia, XI B
Akrita Kour, XI B
Prisha Pachnanda, XI A
Rudrakshi Mahajan, XII A



School Feast Day

Card Making

Ishanvi Sharma, I A
Arnidh Kour, I A
Girisha Sharma, II B
Takshavi Sharma, LKG A
Aaruhi, UKG A
Simarpreet Kour, II B

Collage Making

Akira Kour Ishar, III B
Preet Narania, III B
Nushika Mengi, IV B
Gunjan Riya, III B
Divyanshi Gupta, III B

Advertisement & Slogan

Mehar Gupta, V A
Udita Mahajan, VI A
Gungun, VI B
Agrima Charak, VI B
Eva Mahajan, V B

Poster Making

Aasma Sharma, VIII B
Ridhanshi Kant, VIII A
Niharika Rattan, VIII A
Madeeha Ashraf, VIII B
Mannat Bharti, VIII A

Painting / Sketch

Navnidham Kour, XII A
Bhoomika Manhas, IX B
Mariesha Rajput, IX A
Arpita Rajput, X B
Bhavika Dubey, IX A

Father's Day

Story Telling

Naira Mahajan, UKG B
Devanshi Singh, UKG B
Avanshi, UKG B
Maahin Gupta, LKG B
Saanvi, UKG B
Ojasvi Sambyal, I A
Ashvi Thapa, II A

Badge Making

Harnoor Kour, IV B
Naunidh Kour, III B
Supriya Kangotra, VI B
Nushika Mengi, IV B
Ridhima Mahajan, V A

Coupons Making

Madeeha Ashraf, VII B
Niharika Bhushan, VII A
Gursimar Kour, IX B
Vartika Jamwal, IX A
Shivani Behal, VIII A

Paper Bouquet

Ikjot Kour, X A
Ayushi Sharma, XII B
Manpreet Kour, X B
Ruchira Verma, XI B
Shivranjani Slathia, X B

World Music Day

Shivanya Charak, II
Dhrishti Verma, III
Avni Sharma, I
Bhumika Boloria, VI
Tawisha Mahajan, V
Gurleen Kour, IV
Sirjan Kour, VII
Priyal Gupta, IX
Suhani Sharma, VIII
Gunjan, X
Jasleen, XI
Niharika, XII

Acts of Kindness

Advika Choudhary, II A
Divyanshi Choudhary, II A
Amairah Thomas, I B
Japneet Kour, I A
Kyra Kour, II B
Bhgvayi Arora, VI B
Manya, V A
Anshika Sharma, V B
Krishita Gupta, VI B
Suhana Verma, VI A
Diksha Choudhary, VII B
Mannat Angral, IX A
Ariana Sharma, VII B
Shivangi Sharma, VIII A
Reet Narania, VIII B
Ikjot Kour, X A
Garima, X B
Siya Gupta, X B
Gurleen Kour, X A
Navnidham Kour, XII A

