

**SYLLABUS FOR 2024-25**

Class:- VII

CLASS	VII	BOOK	NEW CELEBRATIONS
SUBJECT	ENGLISH	PUBLISHER	CARDOVA

MONTH	LESSON	TOPIC/SUB TOPIC	ACTIVITIES
APRIL	1. THROUGH GRANDPA'S EYES  2. AS YOU GREW (POEM)	1. Introduction to the characters and setting of the story 2. Description of relationship between narrator and his grandpa 3. Exploring the theme of inter-generational bonds and wisdom 4. Analyzing the differences in attitudes and values between generations. 1. Introduction to the different stages of human growth and development 2. Importance of self-awareness and self-acceptance.	Write a note about you and your grandpa's relation how you spend your best time with him.  HEART MAP : Make a heart and fill it with all the personal qualities and values in it.
MAY	3. WHAT IS YOUR WATER FOOTPRINT  4. HOPE IS THE THING WITH FEATHERS (POEM)	1. Introduction to the concept of Water footprint. 2. Significance of water conservation 3. Global water crisis and its impact 1. Introduction to the poem and its author 2. Understanding the central theme of hope and its symbolism 3. Role of hope in overcoming adversity and challenges 4. Exploring the power of hope in maintaining resilience and optimism	Write in brief about some government projects based on Water footprint concept  Write 5 phrases based on hope and give a brief write up for each. ( use coloured sheets for activity)
JUNE AND JULY	5. THE SADAKO STORY  6. THE PEACE POEM (POEM)	1. Introduction to the story of Sadako Sasaki 2. Background of Sadako's life 3. Themes explored in the story, such as resilience, courage , friendship and the power of hope 1. Introduction to the poem and its author 2. Understanding the central theme of peace and its importance in society 3. Discussion on different interpretations of peace	Origami Art  Collect PEACE signs including emojis, clip art, illustrations and graphics and paste on notebook

**SYLLABUS FOR 2024-25**

Class:- VII

AUGUST	<p>7. THE FRIENDSHIP PACT</p> <p>8. DON'T QUIT (POEM)</p> <p>GRAMMAR : *Adjectives and its kinds</p>	<p>1. Introduction to the story and its characters 2. Analysis the theme of friendship, loyalty and trust 3. The importance of friendship in adolescent life</p> <p>1. Introduction to the poem and its authorship 2. Discussion on the importance of facing challenges with determination and courage 3. Overcoming obstacles and setbacks</p>	<p>Create Friendship card for your friend</p> <p>Organise a debate in class in which class divide in 2 group – against and favour</p>
SEPTEMBER	<p>9. WHAT KATY DID</p> <p>10. A SONG FOR JIN-WAI</p>	<p>1. Introduction to the story and its main character, Katy Carr 2. Themes explored such as family dynamics, personal growth . 3. The character development of Katy and other characters</p> <p>1. Introduction to the story , plot and key events 2. The character development of Jin Wai and other characters. 3. Themes explore in the chapter – cultural identity and the power of music</p>	<p>Choose a character from story and create mask</p> <p>Paste pictures of some musical instruments used before independence</p>
OCTOBER	<p>GRAMMAR : *Verb and Determiners *Tenses ( Present , past)</p>	<p>REVISION TERM 1</p>	
NOVEMBER	<p>11. A NATION'S STRENGTH (POEM)</p> <p>12. HUMAN FAMILY (POEM)</p> <p>13. THE REFUGEES</p>	<p>1. Introduction to the poem and its authorship 2. The central theme of national strength and unity, human participation in building nation's strength.</p> <p>1. Introduction to the poem and its authorship 2. The central theme of unity and diversity within the human family 3. The message of inclusivity and acceptance</p> <p>1. Introduction to the story and its main character</p>	<p>Collect pictures of freedom fighters and make a collage</p> <p>Family Traits Tree</p>

**SYLLABUS FOR 2024-25**

Class:- VII

		The experiences of refugees and the challenges they face	
DECEMBER	14. WANDERING SINGERS(POEM)  15. HOW WE SAVED OUR TEACHERS  GRAMMAR: Adverb, Message writing	1. Introduction of the poem and its author 2. The poet's journey, character study, historical context.  1.Introduction to the characters and setting of the story 2. Challenges faced by teachers, teacher student relationship. 3. The future of education	Set a singing audition in school
JANUARY	16. THE STORY OF AN INVITATION  17. THE FLOWER SCHOOL(POEM)  GRAMMAR: Preposition	1. Introduction of the story and character analysis 2. Theme convey in the story, such as honesty and the importance of communication  1. Introduction of the poem and its author 2. The central theme of the poem is the beauty of the nature, the joy of learning from nature	Create an invitation card for School Annual Day celebration  Explore some extinct species of flower in your surrounding
FEBURARY	18. FRIENDS AND FLATTERERS (POEM)  REVISION	1. Introduction of the poem and its author 2. The central theme of the poem such as the distinction between true friends and false flattery.	Friendship Trait Tree
MARCH	TERM 2		

*Nehmatul A-G*

Principal  
Carmel Convent School  
Kunjwani, Jammu

## SYLLABUS FOR 2024-25

Class:- VII

CLASS	VII	BOOK	बसंत भाग 2
SUBJECT	HINDI	PUBLISHER	

महीना	पाठ्य पुस्तक	व्याकरण	ACTIVITY
अप्रैल	1. हमपंछीउन्मुक्तगगनके 5. मिठाईवाला 14.खान पान की बदलती तस्वीर	2. भाषालिपिबोलीऔरव्याकरण 3. वर्ण विचार 4. शब्द विचार 5. वाक्य विचार 6. विराम चिन्ह 7. अनुच्छेद लेखन	स्थानीय स्थानीय व्यंजन बनाकर लाइन और उसकी प्रस्तुति करें
मई	3. हिमालय की बेटियां 13. एक तिनका 17. वीर कुंवर सिंह	1.संज्ञा 2.सर्वनाम 3. विशेषण 4. पत्र लेखन	भारत में बहने वाली नदियों की सूची तैयार करें।
जून-जुलाई		1. क्रिया 2. निबंध लेखन	3.
अगस्त	4.कठपुतली 10. अपूर्व अनुभव 15. नीलकंठ	1. काल 2. सूचना लेखन 3. अपठित बोध	स्वतंत्रता सेनानियों के चित्र एक चार्ट पर लगे और उनके नाम लिखें
सितंबर		1. मुहावरे और लोकोक्तियां 2. लिंग - वचन	3.
अक्टूबर		पुनरावृत्ति	
नवंबर	8.शाम- एक किसान 18. संघर्ष के कारण मैं तुनुकमिजाज हो गया:धनराज	1.अव्यय 2. विज्ञापन लेखन 3. कहानी लेखन	किसी भी खिलाड़ी की आत्मकथा पढ़कर उसे अपने शब्दों में लिखें
दिसंबर	16. भोर और बरखा	1. उपसर्ग-प्रत्यय 2. समास 3. संवाद लेखन	मीरा के प्रभु गिरधर नागर पर आधारित कोई गीत याद करें
जनवरी	7.पापा खो गए 11. रहीम के दोहे 19. आश्रम का अनुमानित व्यय	1.संधि 2.कारक 3. डायरी लेखन	पापा खो गए पाठ की नाटक प्रस्तुति

**SYLLABUS FOR 2024-25**

Class:- VII

CLASS	VII	BOOK	MATHEMATICS
SUBJECT	MATHEMATICS	PUBLISHER	NCERT

**TERM-1**

CHAPTER	LESSON	TOPIC / SUB TOPIC	NO. OF PERIODS	WEIGHT AGE	Activities
APRIL	8-Rational Numbers	Number line, operation of Rational Numbers	12	12	Representation of Rational numbers on number line using straws and coloured art material.
	1- Integers	Negative and positive	12	12	Representation of integers with colored papers
MAY	4- Simple Equations	types and its simplification	12	12	Balancing method to show R.H.S = L.H.S
	5- Lines and Angles	Parallel lines, Angles	12	12	To verify by paper cutting , if two parallel lines are intersected by a transversal.
June/ JULY	6-The Triangle and its Properties	Types of triangle	15	12	To get a median of a given triangle from any vertex by paper folding and to verify that in a triangle, median pass through a single point.
AUGUST	2- Fractions and Decimals 3- Data Handling Graph, Probability	Operation of fraction and Decimals graphs, outcomes	14 10	10 10	To compare the marks obtained in all subjects in term 2 examination of previous year, by drawing a bar graph.
SEPTEMBER	Revision			80	

**SYLLABUS FOR 2024-25**

Class:- VII

**TERM-2**

CHAPTER	LESSON	TOPIC/SUB TOPIC	NO. OF PERIODS	WEIGHT AGE	Activities
OCTOBER	11- Perimeter and Area	Triangle as a part of rectangle Value of Pie	15	15	To explore the relationship between Length and perimeter of squares of different dimensions drawn on a squared paper.
NOVEMBER	15- Visualizing Solid	Shapes 3-D shapes	7	15	To draw a cube/ book (shapes ) on an isometric dot paper and draw its oblique sketch on the squared paper.
	14- Symmetry	Patterns and 3-D shapes	4	5	Shapes by paper folding and cuttings
NOV / DECEMBER	13- Exponents and Powers  12- Algebraic Expression	Laws of exponents, Scientific notation Algebraic properties	10	15  15	To verify the algebraic identity by paper cutting and pasting.
JANUARY	8- Comparing Quantities  REVISION	Profit & Loss, Ratio & Proportion, Simple Interest	12	15	Proportions of a pizza, biscuit or chocolates.
				80	

**SYLLABUS FOR 2024-25**

Class:- VII

CLASS	<b>VII</b>	BOOK	<b>SCIENCE</b>
SUBJECT	<b>SCIENCE</b>	PUBLISHER	NCERT

**TERM-1**

MONTH	CHAPTER	TOPIC / SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
April	5. Physical and Chemical Changes	Physical and Chemical changes. Rusting of Iron	7	12
	9 .Motion and Time	Speed, Distance and Time. Measurement of Time	7	12
May	3. Heat	Measuring Temperature. Transfer of Heat.	10	12
	8. Reproduction in Plants	Modes Of Reproduction. Fertilization. Seed Dispersal	10	12
July	11.Light	Reflection of Light Spherical Mirrors. Lenses.	10	12
August	13. Waste Water Story	Water ; Our Lifeline. Sewage. Water Freshens Up. Wastewater Treatment Plant. Conservation of Water. Sanitation.	10	12
September	4. Acids, Bases and Salts.	Acids. Bases. Indicators. Neutralisation	7	
October	10. Electric current and it's effects	Heating and magnetic effect of electric current.		14

**SYLLABUS FOR 2024-25**

Class:- VII

**TERM-2**

MONTH	CHAPTER	TOPIC/ SUBTOPIC	NO. OF PERIODS	WEIGHTAGE
November	2. Nutrition in Animals	Digestive system of human beings. Digestive System of Ruminants. Feeding and Digestion in Amoeba.	10	14
December	1. Nutrition in Plants.	Mode of Nutrition.	5	13
January	11. Transportation in Animals and Plants.	Circulatory System. Human Heart. Excretion in Animals and Humans. Transport in Plants.	5	13
February	10. Respiration in Organisms.	Breathing in various types of animals.	5	13
March	17. Forests : Our Lifeline.	Visit to a Forest.	5	13



**SYLLABUS FOR 2024-25**

Class:- VII

CLASS	VII	BOOK	NCERT BOOK
SUBJECT	SOCIAL SCIENCE	PUBLISHER	NCERT

MONTH	LESSON	TOPIC/SUB TOPIC	ACTIVITIES
APRIL	1. (HISTORY) TRACING CHANGES THROUGH THOUSAND YEARS	Introduction to Historical change, early civilizations, trade and cultural exchange, political changes , social transformations, global connections	Collect information about ancient civilization
	1. (GEOGRAPHY) ENVIORNMENT	Introduction to Environment , components of the environment, Ecosystem, Biodiversity, Natural resources, Environmental degradation, Conservation and Preservation	Draw a picture of an ideal environment
MAY	1. (CIVICS) ON EQUALITY	Introduction to Equality, types of equality, historical struggles for equality, Constitutional provisions, Inequality and discrimination in society, Role of government and civil society, personal reflection and action.	Play role model of :  Dr. B R Ambedkar
	2 (HISTORY) KINGS AND KINGDOMS	Feudalism, Rise of Kingdoms, Dynasties, Administrative system, Economy and Trade	Model for different layers of the Earth using a plastic bottle
	2(GEOGRAPHY) INSIDE OUR EARTH	Layers of the Earth, Composition of the Earth, Plate Tectonics, Earth's Magnetic Field, Resources inside the Earth	
	3(GEOGRAPHY) OUR CHANGING EARTH	Weathering, Erosion, Deposition, Agents of Change, soil Erosion, Conservation of Natural resources	
JUNE AND JULY	4(GEOGRAPHY) AIR	Composition of Atmosphere, Layers of the Atmosphere, Importance of the Atmosphere, Humidity and condensation	Draw different layers of the atmosphere
	5(GEOGRAPHY) WATER		Project: WATER CYCLE

**SYLLABUS FOR 2024-25**

Class:- VII

AUGUST	2(CIVICS) ROLE OF THE GOVERNMENT IN HEALTH  3(HISTORY) DELHI : 12TH TO 15TH CENTURY 4(HISTORY) THE MUGHAL ( 16TH TO 17 CENTURY)	Importance of health, Public health Infrastructure, Healthcare services, Health policies and Programs, Health Education Role of Delhi Sultanate, Slave Dynasty, Khalji Dynasty, Tughlaq Dynasty, Delhi as a capital city, cultural exchange Establishment of Mughal empire, Akbar the Great, Expansion of the Empire, Jahangir and Nur Jahan	List of recently introduced health schemes by state government  Role Play: * Akbar * Jahangir * Nur Jahan
SEPTEMBER	6(CIVICS) UNDERSTANDING MEDIA  5(CIVICS) WOMEN CHANGE THE WORLD  7(HISTORY) THE MAKING OF REGIONAL CULTURES	Introduction to Media, Types of media, Functions of media, media literacy, Role of media in society, media and democracy  Women's Rights Movements, Women leaders and Icons, Gender Equality, Women in politics  Introduction, Cultural diversity, Geographical and Historical influences, languages and literature, art , spiritual and religious activities	Be a reporter for one day and capture all news from your surrounding  Brief character sketch : <b>Rosa park</b> or any other lady who fought for rights for women
OCTOBER	5(HISTORY) TRIBES, NOMADS AND SETTLED COMMUNITIES  6.1(GEOGRAPHY) HUMAN ENVIRONMENT INTERACTIONS	Tribal societies, types of tribes, Nomadic communities, Interactions between tribal and settled communities, Tribal economies, Tribal governance and leadership Impact of human activities on the environment, sustainable developments, Adaptation, Environmental degradation	Collect brief information related to the tribal communities in India(presently)  Poster : Ideal Environment
NOVEMBER	7(GEOGRAPHY) LIFE IN THE DESERTS  8(HISTORY) EIGHTEENTH CENTURY	Introduction, desert biomes Adaptation- desert plants and animals, landforms, water management in deserts, Conservation of desert ecosystem	Collect information about Cold desert of India  Map work:

**SYLLABUS FOR 2024-25**

Class:- VII

	POLITICAL FORMATION	Rise of regional powers, decline of Mughal empire, Battle of Plassey and Buxar, administrative changes, legacy of the 18 <sup>th</sup> century	
DECEMBER	4(CIVICS) GROWING UP AS BOYS AND GIRLS  6.2(GEOGRAPHY) THE TROPICAL AND SUBTROPICAL REGIONS  8(CIVICS) A SHIRT IN THE MARKET	Gender identity, body image, gender roles and expectations, social dynamics, stereotype, gender equality and equity  Introduction , Tropical rainforests, Savannas and grasslands, Moonson climate, Human settlements  Introduction to market, production process, supply chain, market competition, consumer behaviour, marketing strategies	Map work :  Set a market scene to make market process easy to understand
JANUARY	3(CIVICS) HOW THE STATE GOVERNMENT WORKS  7(CIVICS) MARKETS AROUND US	Structure of state government, state legislature, state executive, state judiciary, budgets and finance, state election, local government  Introduction, demand and supply, equilibrium price and quantity, producer behaviour, role of government	Project work: different types of government
FEBURARY	6(HISTORY) DEVOTIONAL PATHS TO THE DIVINE	Introduction, bhakti movements, Vaishnavism, Shaivism, Shaktism, sufism, Jainism, Comparative perspectives	Collect information in relation to the teachings of different religions
MARCH	REVISION		

**SYLLABUS FOR 2024-25**

Class:- VII

CLASS	<b>VII</b>	BOOK	<b>MY SEVENTH SAFETY WORKBOOK-7</b>
SUBJECT	<b>VALUE EDUCATION</b>	PUBLISHER	PROJECT CACA

**TERM-1**

MONTH	LESSON	TOPIC / SUB TOPIC	
April	1. Say Hello ! 2. Children, children everywhere 3. UN – VasudhaivaKutumb akam	Moral Value : Being independent and responsible Life skill : Self Awareness Moral values : Responsibilities Life skill : Child rights Moral values : Child rights Life skill : Empathy	Game : Two truth and a lie
May	4. A Boy named Sandy 6. Kartik is brave 8. The newspaper bill	Moral values : Blood/ Organ donation Life skill : Self Awareness Moral values : Safety Life skill: Critical thinking Moral values: Personal safety Life skill : Self care	My Value Tree
June and July	10. Woes of nose 18. Pokso plays dumb charades 19. Nisha is a brave girl	Moral values : Personal safety Life skill : Effective communication Moral value : Emotional intelligence Life skill: Coping with emotions Moral value : Mental health and wellbeing Life skill : Empathy	The Hand of Emotions (Art and Craft) Trace students' hands on paper. In each finger, write an emotion (e.g., joy, fear, love, anger, surprise). Inside the hand, draw or write about situations that evoke these emotions.
August	5. Tabassum needs glasses 7. Secrets, Gifts and Surprises 9. Riya and Rescue	Moral value : Emotional intelligence Life skill : Empathy Moral value : Personal safety Life skill : Secrets Moral value : Mental health and well being Life skill : Critical thinking	Emotions vocabulary: joy, sadness, fear, disgust, and anger Find synonyms for each emotion.
September	11. A letter from Doctor Auntie part I 12. A letter from Doctor Auntie (part 2) 13. Crossing the Line	Moral value : Gender stereotypes Life skill: Self awareness Moral values : Mental health Life skills : Personal safety Moral value : Safety Life skill : Empathy	Make a collage that depict men and women in non-stereotypical and diverse gender roles

**SYLLABUS FOR 2024-25**

Class:- VII

**TERM-2**

CHAPTER	LESSON	TOPIC/SUB TOPIC	
October	20. A spooky house	Moral value: Adolescent issues Life skill: Critical thinking	Art therapy: Creating art that reflects feelings and experiences.
November	21. Johnny Johnny yes papa 22. Cheating is fun, Oh really 23. Twinkle Twinkle little star	Moral value: Never cheat Life skill: Sincerity Moral values: Personal safety Life skills: Critical thinking Moral value: Being responsible Life skill: Love for nature	Sincerity Pledge: create a "Sincerity Pledge" and display in class
December	24. Seven step Safety rule 14. War and Peace 15. A mother's Dilemma	Moral values: Decision making Life skill : Critical thinking Moral values: Dilemma Life skill : Decision making	Decisions Reflection Activity: Students analyze the pros and cons of their decisions
January	16. The virtual world 17. Pictures don't lie, Oh really	Moral value : Personal safety Life skill : Cyber safety Moral value : Personal care Life skill : Cyber safety	Role play based on book "It's a Book" by Lane Smith
February	25. Water and water everywhere but ... 26. Earth, our only home in the universe	Moral value : be responsible Life skill : love nature Moral value : Be positive Life skill : critical thinking	Quiz

**SYLLABUS FOR 2024-25**

Class:- VII

CLASS	VII	BOOK	CYBER CONNECT – 7
SUBJECT	COMPUTER	PUBLISHER	KIPS

**TERM-1**

MONTH	CHAPTER	LESSON NAME	SUB TOPIC	No. of Periods	Weight age
April	1	Number System	Decimal Number System	5	8
			Binary Number System		
			Octal Number System		
			Hexadecimal Number System		
			Computer Arithmetic		
May	2	Introduction to Krita	Features of Krita	6	9
			Starting Krita		
			Components of Krita		
			Selection Tools		
			Editing Tools		
July	3	Editing Worksheet in Excel	Selecting Cells	7	8
			Entering Numbers as Text		
			Entering Date and Time		
			Changing Cell Contents		
			Inserting Cell, Columns and Rows		
			Deleting Cell, Columns and Rows		
			Changing Row Height and Column Width		
			Copying and Moving Data		
			Using Auto Fill and Flash Fill Feature		
August	4	Formulas and	Working with Formulas	7	9

**SYLLABUS FOR 2024-25**

Class:- VII

		Charts in Excel			
			Cell Reference, Cell Range		
			Cell Reference, Function		
			The Insert Function		
			Formula Errors		
			Charts	5	8
			Sorting Data		
			Filtering Data		
August	5	Lists, Images and Tables in HTML 5	Revising HTML tags	7	8
September			Lists		
			List Properties		
			Nested List		
			Description List, tables		
			Table Properties		
			Inserting Images in a Table		
September		Revision			

TERM-2

MONTH	CHAPTER	LESSON NAME	SUB TOPIC	No. of Periods	Weight age
October	6	Conditional Statements using MakeCode	Types of Control Structures		
			Understanding Conditional Statements		
			Logical Operators		
			Relational Operators		
			Precedence of Logical Operators		
November	7	Control Statements in Python	Operators	7	8

**SYLLABUS FOR 2024-25**

Class:- VII

			Types of Operators		
			Control Statements		
			Types of Control Statements		
			Conditional Statements		
<b>December</b>	<b>8</b>	<b>Natural Language Processing</b>	Introduction to NLP	<b>6</b>	<b>8</b>
			Working of NLP		
			Components of NLP		
			NLP Task and Techniques		
			Applications of NLP		
<b>January</b>	<b>9</b>	<b>Machine Learning</b>	Introduction to Machine Learning	<b>6</b>	<b>8</b>
			Need for Machine Learning		
			Working of Machine Learning System		
			Machine Learning Algorithms		
			Applications of Machine Learning		
<b>February</b>		<b>Revision</b>			



## SYLLABUS FOR 2024-25

Class:- VII

CLASS	VII	BOOK	Gulzaar-E-Urdu(3)
SUBJECT	URDU	PUBLISHER	AARSHBOOKS

### TERM-1

وزن	ادوار کی تعداد	سبق نمبر اور سبق کا نام	مہینے	نمبر شمار
۰۱	۸	○ خدا کی تعریف۔ انسانیت۔	اپریل	-۱
۰۱	۸	شہزادے کی بہادری۔ نصیحتیں۔	مئی	-۲
۰۱	۸	○ کسان کی دولت رانی لکشمی بای۔	اگست	-۳
۰۱	۸	گرمی۔ سجبا کر پچھانا۔	ستمبر	-۴

### TERM-2

وزن	ادوار کی تعداد	سبق نمبر اور سبق کا نام	مہینے	نمبر شمار
۰۱	۸	کہنا بڑوں کا مانو۔ شیر اور چوہا۔	اکتوبر	-۶
۰۱	۸	لالچی مہاجن۔ گہمندی درخت۔	نومبر	-۷
۰۱	۸	ریل کی عید ○ الفطر۔	دسمبر	-۸
۵	۶	محنت کا احساس۔	جنوری	-۹
۵	۶	غنہ بکر، غنہ بکر۔	فروری	-۱۰

**SYLLABUS FOR 2024-25**

Class:- VII

CLASS	VII	BOOK	
SUBJECT	MUSIC	PUBLISHER	

**Theory**

No.	Units	Periods(60)	Marks(30)
<b>Unit1</b>		11	
1.1	Definition of, Sangeet, Dhvani, Nada, Shruti, Swar, Saptak, Alankar, Thaata, Jati, Margi, Desi	07	06
1.2	Definition of, Laya, Tala, Matra, Sam, Tali, Khali, Vibhag, Avartan	04	
<b>Unit2</b>		08	
2.1	Define of, Raga, Aroha, Avroha, Pakad, Vadi, Samvadi, Anuvadi, Vivadi.	04	06
2.2	Define of, Bandish, Sthai, Antara, Swarmalika, Lakshan Geet, Khayal.	04	
<b>Unit3</b>		13	
3.1	Describe and brief the life sketch of Tansen	08	06
3.2	Origin and Development of Sitar	05	
<b>Unit4</b>		14	
4.1	Description of the following Ragas: Bihag, Bhimpasi, Bhairavi	08	06
4.2	Description and ability to do Tala-Notation of the following Tala: Teentala, Tilwada, Choutal, Ektala, Keharwa, Dadra	06	
<b>Unit5</b>		14	
5.1	Ability to write notation of compositions in prescribed Ragas.	10	06
5.2	To identify Ragas from the phrases and elaborate them in swaras	04	

**Practical**

**SYLLABUS FOR 2024-25**

Class:- VII

S.No	Topics	Periods(160)
1.	Eight Alankaras set to all prescribed Ragas and Talas.	16
2.	One Swarimalika and one Lakshan Geet in each prescribed Raga.	20
3.	Aaroha, Avroha, Pakad and Drut Khayal with few Alaps and Tanas in the following Ragas: Bihag, Bhimplasi, and Bhairavi.	64
4.	Identification of prescribed Ragas from the phrases of swaras rendered by the examiner.	12
5.	i. National Anthem ii. National Song iii. Patriotic Song iv. Community Song v. Devotional Song vi. Folk Song vii. School song	28
6.	Recitation of the Thekas of the following Talas with Dugun, keeping Tala with hand-beats: Teental, Tilwada, Choutal, Ektala, Dadra, Keharwa,,	20

**Structure of Assessment**

Sr.No.	Value Points	Marks
1	Alankaras set to all prescribed Ragas and Talas	4
2	One Swarimalika and one Lakshan Geet	6
3	Aaroha, Avroha, Pakad and Drut Khayal with few Alaps and Tanas in each of the following Ragas 1. Bihag 2. Bhimplasi 3. Bhairavi	24

**SYLLABUS FOR 2024-25**

Class:- VII

4	Identification of prescribed Ragas from the passages of Swaras rendered by the examiner	4
5	Any three of the following: i. National Anthem ii. National Song iii. Patriotic Song iv. Community Song v. Devotional Song vi. Folk Song vii. School Song	
6	Recitation of the Thekas of the prescribed Talas with dugun i. Dadra                      v. Tilwada ii. Keharwa                  vi. Choutal iii. Ektala iv. Teentala	6

**SYLLABUS FOR 2024-25**

Class:- VII

<b>CLASS</b>	<b>VII</b>	<b>BOOK</b>	<b>JUNIOR ARTIST</b>
<b>SUBJECT</b>	<b>ART &amp; CRAFT</b>	<b>PUBLISHER</b>	<b>LANGERS</b>

<b>TERM 1</b>				
<b>Months</b>	<b>Art Topics</b>	<b>Sub Topics</b>	<b>Craft</b>	<b>Periods</b>
April	1.Colour concepts 2.Calligraphy 3. Rangoli	Colour combination chart, Scenery, opaque painting, word art design.	3D Structures, mask making	8
May	1.Pattern making 2.Environmental drawings (Nature study)	Cross hatching, stippling and scrumbling drawings with objects.	Foil Painting, Shoe box diorama	8
July	1.Still life 2.Experiences drawing 3.Motion capture art	Object drawing, facial features, animals and birds	Hand puppet	4
August	1.Thermatic drawing 2.Portrait 3. Anjolie Ela Menon art	Graffiti art, male and female portraits.	Jute craft, scroll	8
September	1.Mosaic art 2. Pop art 3. Natural dyes 4. Art inspired costumes	Illusion pattern, Face, human figure, different postures, human cartoon, human caricature	Pot painting, Bottle craft	8
<b>TERM 2</b>				
November	1.Monochrome painting 2.Silhouthe painting	Scenery, sunset scene, village life, Abstract painting.	Relief sculpture	8
December	1. Traditional composition 2. Pre historic rock art	Folk dance, Mandala art, Warliart,celebrating Christmas.	Traditional mask cardboard sculpture	8
Januray	1.Poster design 2.Reflection method 3 Abstract inscription art	Castlee, monument, Hill station, milking a cow, Portrait.	Doll making	8
February	Exhibition			

**SYLLABUS FOR 2024-25**

Class:- VII

CLASS	VII
SUBJECT	GAMES

TERM - 1

Month	Topic	Sub-Topic	No. of Period	Weight age
April	1. Warm-up and Mass P.T. Exercises. Exercise  Game	Free hand exercise , standing exercise and sitting exercise.	05	10
		Warm up exercise, head to toe and toe to head stretching, Balancing and jumping exercises.	05	05
		Athletics events (track and field events) Track events :Running Field events : Throwing and Jumping	10	
May	1. Warm-up and Mass P.T. Exercises. Concept of health and concept physical fitness  <b>Game</b>	Free hand exercise , standing exercise and sitting exercise.	05	05
		Explanation of components of physical fitness . Strength, speed , endurance, flexibility and coordination.	05	05
		Team game : kho kho and football.	10	
July-August	1. Warm-up and Mass P.T. Exercises. Test for Speed and Strength.  Physical education  Game	Free hand exercise , standing exercise and sitting exercise.	05	05
		Assessing Speed, Assessing Strength. Practical Exercise like running , short sprints, broad jump	05	
		Define and important of physical education	3	05
		Badminton and basketball	7	05
September	1. Warm-up and Mass P.T. Exercises.	Free hand exercise , standing exercise and sitting exercise.	05	05
			05	

**SYLLABUS FOR 2024-25**

Class:- VII

	Test for flexibility and coordination abilities.	Activities like sprint- dash running. Strength: Squads, medicine ball exercise. Test for flexibility: Sit and reach test.		
	Game	Indoor Game : chess carom and T.T	10	05

**TERM - 2**

Month	Topic	Sub-Topic	No. of Period	Weight age
October	1. Warm-up and Mass P.T. Exercises. Leadership	Free hand exercise , standing exercise and sitting exercise.	05	05
		Development of leadership quality.	05	
	Game	Track and field events Track events (running ) : Short run, middle distance run , huddle running . Field events (jumping ) : Long jump ,triple jump, high jump	10	10
November	1. Warm-up and Mass P.T. Exercises Gymnastics.	Free hand exercise , standing exercise and sitting exercise.	05	05
		Gymnastics like forward roll , backward roll, side ward roll , balance on one leg ,cat and scissor jump , 180 turn on leg exercises for balancing.	05	
	Yoga	Define and important of yoga asana.	10	10
December- January	1. Warm-up and Mass P.T. Exercises. Injuries Games	Free hand exercise , standing exercise and sitting exercise.	05	
		Define and type of injuries	05	
		Football, Kabaddi, Kho-Kho, Volleyball	10	
February	1. Warm-up and Mass P.T. Exercises Balance Diet	Free hand exercise , standing exercise and sitting exercise	05	05
		Teach the students about balance diet like fat, vitamin, minerals, iron etc .	05	05
	Games	Basketball, Badminton , Netball, Cricket	10	

*Neha A.C*

Principal  
Carmel Convent School  
Kunjwani, Jammu