

| CLASS | IX | BOOKS | BEEHIVE MOMENTS |
|---------|---------|------------|-----------------|
| SUBJECT | ENGLISH | PUBLISHERS | NCERT |

| Month | C ha p- - te r | Lesson | Торіс | Grammar portion | No. Of periods | Wehit Age |
|------------|-------------------------------|------------------------------|-----------------|--|-------------------|--------------------------|
| April | 1 | Road not taken | Poem | Punctuation | 4 | |
| | 4 | In the kingdom of fools | Short story | Determiners | 5 | |
| | 2 | Wind | Poem | Modals | 4 | Readin |
| | 1 | The lost child | Short story | Formal letter writing | 6 | g skills: 20 marks |
| Мау | 3 | Rain on the roof | Poem | Suffix and prefix | 3 | IIIdiks |
| | 5 | The snake and the mirror | Prose | Reported speech, commands and requests | 4 | |
| | 4 | The lake of innisfree | Poem | Unseen passage | 6 | |
| June /July | 2 | The sound of music part 1 | Prose | Notice writing | 5 | Writing and |
| | 2 | The sound of music part 2 | Prose | E-mail writing | 3 | gramm ar skills: |
| August | 6 | My childhood | Poem | Descriptive paragraph | 4 | 20 marks |
| | 5 | The happy prince | Short story | Message writing | 5 | |
| | 1 | The fun they had | Prose | Tenses | 5 | |
| September | 3 | The little girl | Short story | Idioms | 4 | |
| | 5 | A legend of the northland | Poem | Assertion reason | 4 | |
| | 2 | The adventures of toto | Short story | Jumbled sentences | 5 | |
| | 3 | Iswaran the storyteller | Shiort story | Antonyms, synonyms, | 6 | |



| | | | | homonyms | | |
|---------|---|----------|-------|------------------|---|--|
| | 7 | Packing | Prose | Dialogue writing | 5 | |
| October | | Revision | | | | |

| Month | Ch ap ter | Lesson | Торіс | Grammar portion | No. Of periods | Wehita ge |
|-----------|---------------------|---------------------------------|----------------|----------------------------|-------------------|--------------------|
| November | 8 | Reach for the top- i | Play | Subject predicate | 5 | |
| | 8 | Reach for the top of ii | Play | | 5 | |
| | 10 | A slumber did my spirit seal | | Subject verb agreement | 4 | |
| Decem-ber | 6 | No men are foreign | Poem | Advertisement | 4 | |
| | 9 | The bond of love | Prose | Essay writing | 6 | |
| | 6 | Weathering the storm in ersama | Short story | Picture description | 5 | |
| | 7 | The last leaf | Short story | Report writing | | Literatu re: 40 |
| | 11 | lf i were you | Play | Compound words | | marks |
| January | 9 | The snake trying | Poem | Voices | | |
| | 10 | Kathmandu | Prose | Cv resume | | |
| | 9 | The accidental tourist | Short story | Informal letter writing | | |
| | 8 | A house is not a home | Short story | Paragraph writing | | |
| Februa-ry | | Revision | | | | |
| March | | Final exams | | | | |

Molumati A.C **Princip**al Carmel Convent School Kunjwani, Jammu



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SYLLABUS FOR 2024-25 Class:- IX

| CLASS | IX | BOOKS | SPARSH SANCHAYAN |
|---------|-------|------------|---------------------|
| SUBJECT | HINDI | PUBLISHERS | NCERT |

| MONTH | CHAPTER SPARSH | TOPIC/SUB TOPIC | CHAPTER SANCHAY AN | ACTIVITY | GRAMMAR PORTION | NO. Periods | WEIGHT AGE |
|--------|--|--|-----------------------------------|--|--|----------------|---------------|
| APRIL | दुख का अधिकार | सारांश - एकअत्यंतनिर्धनपरि वारकीकरूणियवेदना काचित्रांकन | स्मृति | "यशपालजी के साहित्य प्रमुख कृतियां तथा उनके जीवन के बारे में लिखिए " | अनुनासिक , अनुस्वार तथा आगत ध्वनियाँ अपठित गद्यांश अपठित काव्यांश पत्र लेखन | 20 Periods | 15 Marks |
| MAY | दोहे | विधा - गद्य (लेख) सारांश - हिमालयपर्वतएंवपर्व तारोहणकीजानकारी । | गिल्ल् | पहले पद में भगवान और भक्त की जिन - जिन चीजों से तुलना की गई है , उनका उल्लेख चित्रांकन रूप में किजिए | उपसर्ग तथा प्रत्यय विराम चिन्ह पत्र लेखन | 15 Periods | 10 Marks |
| JUNE | • अबकैसे छूटैरामनाम • ऐस ीलाल तु झेबिनु | विधा - पद्य (पद) सारांश - दास्यभावकीउदारता, दया, कृपाऔरउनकीसमान दृष्टिकाचित्रण | कल्लू कुमार की उनाकोटी | पद का सारांश अपने शब्दों में लिखना | अनुच्छेद लेखन | 7 Periods | 8 Marks |
| AUGUST | तुम कब जाओगे अतिथि | विधा - गद्य (कहानी) सारांश - भारतीयपरंपरामेंअ तिथिसत्कारकीअव धारण | मेरा छोटा सा निजी पुस्तकालय | शब्दों के अर्थ ने शब्दों के अर्थ समझ कर अपने शब्द भंडार मैं वृद्धि करना और उन्हें उत्तर पुस्तिका में लिखना तथा विराम | संधि एवं संधि विच्छेद संदेश लेखन | 20 Periods | 10 Marks |



| | | | चिन्ह का समुचित प्रयोग करना | | | |
|-----------|-----------------------------|--------------------------------------|--|--|---------------|---------|
| SEPTEMBER | एवरेस्ट मेरी शिखर यात्रा | विधा - पद्य (कविता) सारांश - | छात्रों को बचेंद्री पाल यात्रा के माध्यम से पर्वतारोहण के | वाक्य - रचना (वाक्य के अंग , सरल वाक्य , सयुंक्त वाक्य | 15 Periods | 5 Marks |
| | | कवितामेंवर्णितसामा जिककुप्रथा | समय आने वाली घटनाओं के विषय में जानकारी देते हुए साहसिक कार्य | और मिश्रित वाक्य) अर्थ की दृष्टि से वाक्य - भेद | | |
| | | | हुए साहासक काथ की ओर प्रेरित करना | वाक्य - मद मुहावरे - वाक्य प्रयोग | | |

| MONTH | CHAPTER | TOPIC / SUB | CHAPTER | ACTIVITY | GRAMMAR | NO. Of | WEIGHT |
|----------|---------------|----------------------|---------|------------------------|-------------------|---------|---------|
| | SPARSH | TOPIC | SANCHAY | | PORTION | Periods | AGE |
| | | | AN | | | | |
| OCTOBER | शुक्रतारे के | विधा - गद्य (| | स्वतंत्रता आंदोलन | पर्यायवाची , | 15 | 13 |
| | समान | कहानी) | | में गांधीजी का | विलोम और | Periods | Marks |
| | | सारांश - शुक्रतारे | | योगदान विषय पर | अनेकार्थी शब्द , | | |
| | | का महत्व तथा | | एक लेख लिखना | वाक्यांशों के लिए | | |
| | | कार्य के प्रति | | | एक शब्द | | |
| | | समर्पण की भावना | | | संवाद लेखन | | |
| | | 1 | | | नारा - लेखन | | |
| NOVEMBER | अग्नि पथ | विधा - पद्य (| | जीवन में संघर्ष के | वर्ण - विच्छेद , | 10 | 7 Marks |
| | | कविता) | | महत्व की भावना | वर्तनी | Periods | |
| | वैज्ञानिक | सारांश - कठिन | | जगाना | शब्द और पद | | |
| | चेतना के | परिस्थितियों का | | | | | |
| | वाहक : चन्द्र | सामना करने की | | | | | |
| | शेखर वेंकट | क्षमता विकसित | | | | | |
| | रामन | करने में सक्षम होगें | | | | | |
| | | 1 | | | | | |
| DECEMBER | गीत - अगीत | सारांश - आधुनिक | | पशु - पक्षियों के | विज्ञापन लेखन | 10 | 7 Marks |
| | | युग की तीव्र | | गहरे प्रेम के बारे में | चित्र वर्णन | Periods | |
| | | परिवर्तनशील से | | दर्शाया गया है | | | |
| | | आवगत करवाना | | | | | |



| JANUARY | नए इलाके में | | स्वस्थ समाज के | समास | 7 | 5 Marks |
|---------|--------------|--|--------------------|------|---------|---------|
| | खुशबू रचते | | निर्माण में योगदान | | Periods | |
| | हैं हाथ | | देना सींखेगे | | | |
| | विधा - पद्य | | | | | |
| | (कविता) | | | | | |

| CLASS | IX | воок | MATHEMATICS |
|---------|-------------|-----------|-------------|
| SUBJECT | MATHEMATICS | PUBLISHER | NCERT |

TERM-1

| MONTH | CHAPTER / LESSON | TOPIC / SUB TOPIC | NO. OF PERIO DS | WEIGH TAGE | Activities |
|-------------|---|--|--------------------------|---------------|---|
| April | Ch-1/Number System | Representation of Rational numbers/ Laws of Exponents | 19 | 14 | Square Root Spiral |
| April / May | Ch-4. Linear Equations in two variables | Solutions of linear equations/ Graph of linear equations | 11 | 14 | Lines parallel to axes |
| May | Ch- 3 Coordinate Geometry | Cartesian Plane/ Plotting of points in plane | 11 | 8 | Different faces/ shapes on the Cartesian plane |
| June/July | Ch-6 Lines & Angles | Parallel lines and transversal / Pair of angles | 16 | 15 | Exterior angle Property |
| August | Ch- 7 Triangles | Criteria for congruence/ Inequalities in a triangle | 18 | 15 | Verifying Angle Sum Property (Paper Activity) |
| | Ch - 12 Herons Formula | Area of Triangle / Semi perimeter and Perimeter | 16 | 14 | Area Of Triangular Pieces to form different shapes (umbrella) |
| September | | | | | |
| | Revision | | | 80 | |

| MONTH | LESSON | TOPIC/SUB TOPIC | NOOF PERI ODS | WEIGHT AGE | Activities |
|-----------|------------------|--|---------------------|---------------|--------------------------------------|
| October | Ch-2.Polynomials | Zeroes of Polynomials / Factorization of Polynomials | 17 | 15 | Verification of algebraic identities |
| November/ | Ch-8. | Types of Quadrilateral / | 18 | 15 | Proof Of Mid Point |



| Dec | Quadrilaterals | Properties of a parallelogram | | | Theorem |
|----------|--|--|----|----|--|
| December | Ch- 10 Circles | Angle subtended by a chord at a point/ Cyclic Quadrilaterals | 15 | 15 | Circle through given three points |
| January | Ch-14. Statistics | Presenattion of data / Measures of Central Tendency | 10 | 15 | Draw histograms for classes of equal widths and varying Widths |
| | Ch- 13 Surface Area &Volumes | Areas and Volumes/ lateral and total areas | 12 | 15 | Triangle inscribed in a cylinder and cone. Area of a classroom. |
| February | Ch-5 .Introduction to Euclid's Geometry | Axioms and postulates | 5 | 5 | Proof of Euclid fifth postulate |
| | Revision | | | 80 | |



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SYLLABUS FOR 2024-25 Class:- IX

| CLASS | IX | воок | SCIENCE |
|---------|---------|-----------|---------|
| SUBJECT | SCIENCE | PUBLISHER | NCERT |

TERM-1

| MONTH | CHAPTER/LE SSON | TOPIC / SUB TOPIC | PERIODS | WEIGHT AGE |
|--------------------|---|---|---------|---------------|
| April and May | CH-1> MATTER IN OUR SURROUNDI NGS | <u>Matter-Nature and Behaviour</u> Definition of matter; solid, liquid and gas; characteristics - shape, volume, density; change of statemelting (absorption of heat), freezing, evaporation (cooling by evaporation), condensation, sublimation. | 20 | 7 |
| July and August | CH-2> IS MATTER AROUND US PURE | Nature of matter Elements, compounds and mixtures. Heterogeneous and homogenous mixtures, Colloids and suspensions. Physical and chemical changes (excluding separating the components of a mixture). | 18 | 6 |
| September | Matter around us pure | Continue | 18 | 6 |

| MONTH | LESSON | TOPIC/SUB TOPIC | PERIODS | WEIGHT AGE |
|---------|------------------------------------|--|---------|---------------|
| October | CH-3 >ATOMS AND MOLECULES | Particle nature and their basic units: Atoms and molecules, Law of Chemical Combination, Chemical formula of common compounds, Atomic and molecular masses. | 12 | 6 |



| November | Ch-3 > ATOMS AND MOLECULES | Continue | 12 | 6 |
|----------|----------------------------------|--|----|---|
| December | CH-4> STRUCTURE OF ATOM | Structure of atoms: Electrons, protons and neutrons, Models of atom -Thomson , Rutherford, Bohr models of atom, Valency, Atomic Number and Mass Number,Isotopes and Isobars. | 20 | 7 |
| January | CH-4> STRUCTURE OF ATOM | Continue | 20 | 7 |
| February | - | Revision | - | - |

| CLASS | IX | Publisher | NCERT |
|---------|---------|-----------|-------|
| SUBJECT | Physics | | |

| MONTH | CHAP TER | LESSON | SUB TOPIC | NO. OF PERIODS | WEIGHT AGE |
|------------|-------------|----------------------------|---|-------------------|---------------|
| April | Ch 8: | Motion-1 | Distance and displacement, velocity; uniform and non- uniform motion along a straight line; acceleration, distance-time graph | 30 | 27 |
| | Ch 8: | Motion-2 | velocity- time graphs for uniform motion and uniformly accelerated motion ,elementary idea of uniform circular motion. | | |
| May & July | Ch 9: | Force and Newton's laws | Force and Motion, Newton's Laws of Motion, Action and Reaction forces, Inertia of a body, Inertia and mass, Momentum, Force and Acceleration. | | |



| August | Ch 12: | Sound | Nature of sound and its propagation in various media, speed of sound, range of hearing in humans; ultrasound; reflection of sound; echo. | |
|--------|--------|-------|---|--|
|--------|--------|-------|---|--|

| MONTH | CHAP TER | LESSON | SUB TOPIC | No. of Periods | Weight age |
|--------------------------|-------------|-----------------------------|---|-------------------|---------------|
| October | Ch:10 | Gravitation | Gravitation; Universal Law of Gravitation, Force of Gravitation of the earth (gravity), Acceleration due to Gravity; Mass and Weight; Free fall. | 30 | |
| October & November | | Floatation | Thrust and Pressure. Archimedes' Principle; Buoyancy | | |
| December | Ch 11: | Work, Energy and Power-1 | Work and its nature, Energy and its types | | |
| January & February | Ch 11: | Work, Energy and Power-2 | Power; Kinetic and Potential energy; Law of conservation of energy (excluding commercial unit of Energy). | | |



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| CLASS | IX | Publisher | NCERT |
|---------|----------------------|-----------|-------|
| SUBJECT | SOCIAL SCIENCE (087) | | |

| Months | Chapter no. | Chapter Name | Topic /sub topic | Periods |
|--------|----------------|--|---|---------|
| April | 1 | The French Revolution (HISTORY) | Division of French society. Growing middle class. Women revolution. Nepoleon code. | 15 |
| | 1 | What is Democracy? Why Democracy? (POLITICALSCIENCE) | Democracy Why need of democracy. Broader meaning of democracy. | 05 |
| | 1 | India – Size and Location (GEOGRAPHY) | India location. India's neighbors. India and the world. | 10 |
| Мау | 1 | The Story of Village Palampur (ECONOMICS) | Main production activities. Surplus value. Non farming activities. | 10 |
| | 2 | Constitutional Design (POLITICALSCIENCE) | Constitution of south Africa Need and importance of constitution The constitution assembly Making of the Indian constitution | 10 |
| | 2 | Physical Features of India (GEOGRAPHY) | Physical features of India The Himalayas Northern plains The Indian desert The Island | 08 |



| | | | The peninsular plateauThe coastal pain | |
|-----------|---|---|---|----|
| | 2 | Socialism in Europe and the Russian Revolution (HISTORY) | Age of social change Socialism in Europe The Russian revolution Bloody Sunday The first world war Role of Stalin Global influence of Russian revolution | 15 |
| July | 3 | Drainage (GEOGRAPHY) | The Himalayas river system The role of river in the economy The west flowing rivers The river pollution | 12 |
| | 2 | People as Resource (ECONOMICS) | People as resource Economic activities Non economic activities Role of education. Nature of unemployment. | 10 |
| | 3 | Nazism and the Rise of Hitler (HISTORY) | Birth of the weimer republic Rise of Hitler's Youth in Nazi Germany | 15 |
| August | 4 | Climate (GEOGRAPHY) | Climate Factors affecting climate The Indian monsoon system Different season of India | 10 |
| | 3 | Electoral Politics (POLITICALSCIENCE) | Election Political competition Election system Independent election commission | 12 |
| September | 4 | Forest, Society and Colonialism (HISTORY) | Deforestation Plantation Forest Acts Change of JAVA New development | 09 |
| Ĺ | 3 | Poverty as a Challenge | What is poverty. | 10 |



| | | (ECONOMICS) | Cause of poverty Inequality among women income Step taken by the govt. to reduce the rate of poverty. | |
|----------|---|---|--|----|
| October | 4 | Food Security in India (ECONOMICS) | What is food security. Public distribution system Kind of ration cards. | 15 |
| | 5 | Pastoralists in the Modern World (HISTORY) | Nomadism as a way of life Change in pastoral life due to colonial rule. Developments within pastoral societies | 10 |
| November | 5 | Natural Vegetation and Wildlife (GEOGRAPHY) | Type of vegetation Factor affecting of natural vegetation | 06 |
| | 4 | Working of Institutions (POLITICALSCIENCE) | Different political institution Parliament Executive (political and permanent) Judiciary system Legislative and executive. | 12 |
| December | 5 | Democratic Rights (POLITICALSCIENCE) | Democratic right Fundamental right Need of right in democracy. | 10 |
| | 6 | Population (GEOGRAPHY) | Size and distribution of population Population growth. Density of population in rural and urban area | 10 |
| January | | Revision | | |
| February | | Final exam | | |



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SYLLABUS FOR 2024-25 Class:- IX

| CLASS | IX | BOOK | Artificial Intelligence -10 |
|---------|----------------------------|-----------|-----------------------------|
| SUBJECT | Artificial Intelligence | PUBLISHER | KIPS |

| MONTH | UNIT NAME | CHA PTER | LESSON NAME | SUB TOPIC | No.of Periods | Weight age |
|------------|--------------------------------|----------------------------|--|--|------------------|---------------|
| Part A:Emp | | | | | | . <u> </u> |
| April | Commu nication Skills-II | Ch 1: | Methods of Communi cation | Listing the methods of communication Verbal communication Oral communication Written communication Types of verbal Communication Functions of verbal Communication Functions of verbal communication Functions of non-verbal communication Non-verbal practices to follow during interviews Understand visual communication Points to consider during a presentation | 2 | 2 |
| | Ch 2: | Communi cation Cycle | Understanding the communication cycle Principles of effective communication Elements of a communication cycle Define feedback Importance of feedback Descriptive feedback Specific and non-specific feedback | 2 | | |
| | | Ch3: | Communi cation Barrier | 1) Understanding communication barriers 2) Types of communication barriers 3) Understand the need to | 1 | |



| | | | | 4) overcome communication barriers 5) Measures to overcome communication barriers 6) Measures to overcomecommunication barrier 1) The power of effective | | |
|------|-------------------------|-----------|--|--|---|---|
| | | Ch4: | Effective Communi cation | communication 2) Goals of effective communication 3) Factors of effective communication 4) The 7Cs of effective communication 5) Benefits of effective communication. | 2 | |
| | | Ch5: | Basic Writing Skills | Writing Skills Phrases and their types Sentences and Kinds of sentences Parts of a sentence and Parts of speech Articles Paragraph Writing | 1 | |
| | Self- Manage ment | Ch6: | Stress Managem ent and its Technique s | Meaning of stress. Agents and factors that cause stress Meaning of stress management Importance of Stress Management Techniques for stress management | 2 | |
| May | Skills-I | Ch 7: | Ability to work Independe ntly | Importance of being independent Meaning of an independent person Skills required to work independently Advantages of working Independently How to become self-reliant Self-awareness Self-motivation Self-regulation | 2 | 2 |
| | | Ch 8: | Operating System | Functions of an operating system Types of operating systems Windows 10 | 2 | |
| July | ICT Skills-II | Ch 9: | Managing Files and Folders | File system Creating a new folder Creating a new file Creating a file/folder Renaming a file/folder Deleting a file/folder Permanently deleting a file/folder. Moving or copying a file/folder from one drive to another. | 2 | 2 |
| | | Ch 10: | Care and Maintenan ce of a Computer | Computer Maintenance Hardware Maintenance Software Maintenance Preparing a maintenance schedule | 1 | |



| Part B: Subje | ect Specif | fic Skill | | 5) Disk defragmentation, optimization6) Removing temporary files7) Removing spam from an e-mail account | | |
|---------------|-------------------------------|-----------|------------------------|---|---|----|
| August | Introd uctio n to Al | Ch 1 | Introducti on to Al | Foundational Concepts of AI What is intelligence? Decision Making What is Artificial Intelligence How do machine become artificially intelligent? Application of AI in real life What is AI and What is not? AI and related terminologies Introduction to AI domains AI Ethics | 1 | 10 |
| September | Al Proje ct Cycle | Ch 4 | Al Project Cycle | Al Project cycle Problem Scoping Data Acquisition Data Exploration Modelling Evaluation Deployment Introduction to Neural Network | 1 | 10 |

| MONTH | UNIT NAME | CHA PTER | LESSON NAME | TOPIC / SUB TOPIC | No.of Period s | Weight age |
|----------|---|-------------|--|---|----------------------|---------------|
| | <u>Part A</u> | | | | | |
| October | Entre prene urial Skills- I | Ch 11: | Enterprene ur and Entreprene urship | Entrepreneurship and society. Role and importance of entrepreneurship. The qualities of a successful entrepreneur. The main functions of an entrepreneur Myths about entrepreneurship Entrepreneurship as a career option Entrepreneurship and society. | 2 | 2 |
| November | | Ch 17 | Advanced Python | Introduction to Jupyter Notebook Introduction to Python | 2 | 20 |



| | Adva nced Pytho n | | | 3) Features of Python 4) Python Character Set 5) Python Statements 6) Python Comments 7) Identifiers and Keywords 8) Variables 9) Constants 10) Data Types 11) Operators 12) Inpuut and Output in Python 13) Type Conversion 14)Control Statements 15)Introduction to List 16) Introduction to Tuple 17) Python Libraries and Packages | | |
|----------|----------------------------|-----------|--------------------------------|--|---|---|
| December | Green Skills -II | Ch 12: | Sustainable Developme nt | Evolution of sustainable development Concept of sustainable development Principles of sustainable development Objectives of sustainable Development Importance of sustainable development International efforts to promote and implement sustainable development Future of sustainable development Challenges of sustainable development | 2 | 2 |



| CLASS | IX | BOOK | MY NINTH SAFETY WORKBOOK |
|---------|-----------------|-----------|--------------------------|
| SUBJECT | VALUE EDUCATION | PUBLISHER | PROJECT CACA |

| MONTH | LESSON | ACTIVITY |
|----------|---|---|
| APRIL | Say Hello A Poem It Feels Good To Be Me | Divide the class into pairs and give each pair a scenario involving different emotions, such as joy, sadness, anger, or gratitude. Have them role-play the scenario and discuss how it feels to embody each emotion. |
| МАҮ | Sometimes Saying No is important Good Friends Are for Keeps, but In Pursuit of Happiness | Divide the class into small groups. Provide each group with a scenario card containing a situation where saying no is important (e.g., peer pressure to engage in risky behavior, being asked to do something against their values). After planning, each group performs their role-play for the class. |
| AUGUST | Pay Attention To Your Feeling Secrets Bullying Is a Bane | • Allocate time each week for students to reflect on their feelings and experiences in a journal. They can write about moments that made them happy, sad, frustrated, or grateful. |
| OCTOBER | Comedy Of Genders The Two Boxes It is okay to Be Scared | Ask students to write short stories featuring characters facing their fears. This encourages creativity and empathy while exploring the theme of fear. |
| NOVEMBER | • Right Body Language • Child Rights • How to Choose Well | • Hold a debate on controversial topics related to child rights, such as child labor, corporal punishment, or child marriage. This encourages critical thinking and helps students understand different perspectives on these issues. |



| CLASS | IX | Book Name | Publisher |
|---------|-------|--|----------------------|
| SUBJECT | GAMES | Mainstreaming Health and Physical Education | S P Books, Jalandhar |

| Month | Торіс | Sub Topic | No of Period | Weight age |
|-------------|---|---|-----------------|---------------|
| April | Mass pt exercise and warn up exercise. | Free hand exercise , standing exercise and setting exercise History , rules, specification of | 05 | 10 |
| | Team game basketball and kabaddi. Physical | playfield , basic equipments and fundamental skill of table tennis and badminton | 10 | 05 |
| | education | Define and important | | |
| Мау | Mass pt exercise and warn up | Free hand exercise , standing exercise and setting exercise | 05 | 05 |
| | exercise Athletics | History of athletics classification of athletics Track and field events explain with rules. | 05 | |
| | Physical education | Objective and scope | 10 | 05 |
| July-August | Mass pt | Free hand exercise , standing | 05 | 10 |
| | exercise and warn up exercise | exercise and setting exercise Field event : jumping events . | 10 | |
| | Athletics | long jump , high jump and triple jump | | |
| | Physical fitness | Throwing event . shot put , discus throw and javelin throw . explain | 05 | 05 |
| | Component of physical fitness | rule , marking and technique . | | |
| | | Explain physical fitness and its component i.e strength , speed , | | |



| | | endurance , flexibility and co- ordination | | |
|-----------|--|---|---|---|
| September | Mass pt exercise and warn up exercise | Free hand exercise , standing exercise and setting exercise History , rules, specification of | 5 | 5 |
| | Team game. Table tannis | playfield , basic equipments and fundamental skill of table tennis and badminton | | F |
| | and badminton. Physical fitness | Explain physical fitness and its component i.e strength , speed , endurance , flexibility and co- ordination . | 5 | 5 |
| | Component of physical fitness | | | |

| Month | Торіс | Sub-Topic | No. of Period | Weight age |
|----------|--|---|------------------|---------------|
| October | Mass pt exercise and warn up exercise Physical fitness Component of | Free hand exercise , standing exercise and setting exercise Explain physical fitness and its component i.e strength , speed , endurance , flexibility and co- ordination . | 05 05 | 05 |
| | physical fitness. Game | History, rules, specification of playfield, basic equipments and fundamental skill of Football and basketball. | 10 | |
| November | Mass pt exercise and warn up exercise | Free hand exercise , standing exercise and setting exercise. | 05 | 05 |
| | Injuries | Injuries and its types with safety | 05 | |



| | | measures. | | |
|-----------|-------------------------|---|----|----|
| | Game | History, rules, specification of playfield, basic equipments and fundamental skill of Badminton and T.T. | 10 | 05 |
| December- | Mass pt | Free hand exercise , standing | 05 | 10 |
| January | exercise and warn up | exercise and setting exercise | | |
| | exercise. | History , rules, specification of | 10 | |
| | Games | playfield , basic equipments and fundamental skill of Basketball. | 10 | |
| | Basketball | Tunuamentai skii of Basketball. | | |
| | | History, rules, specification of | | |
| | kabaddi | playfield , basic equipments and fundamental skill of Kabaddi | | |
| | | | | |
| | Test | Test : | 05 | 05 |
| | | BMI , plate tapping test and flamingo balance test ,partial curl up (30 sec), push Ups , | | |
| | | Sit and reach and 600mt run/walk | | |
| February | Mass pt | Free hand exercise , standing | 05 | 10 |
| | exercise and warn up | exercise and setting exercise. | | |
| | exercise. | History, rules, specification of | 10 | |
| | Game | playfield , basic equipments and fundamental skill of cricket , kho | | |
| | | kho, volleyball etc. | | |
| | 1 | | | |



| CLASS | IX | BOOK | I AM AN ARTIST |
|---------|-------------|-----------|--------------------|
| SUBJECT | ART & CRAFT | PUBLISHER | KIRTI PUBLICATIONS |

| TERM 1 | | | | |
|-----------|---|--|--------------------------------|---------|
| Months | Art Topics | Sub Topics | Craft | Periods |
| April | 1.Principles of art 2.Prespective art 3.Story composition | Colour combination chart, city scape, garden scene, village scene opaque painting. | Perspective craft | 8 |
| Мау | 1.Tribal art 2.Early Indian art | Madhubani art, warli art, Bengali art, Mandala art, Gond art. | Photoframe with glass painting | 8 |
| July | 1.Still life 2.Sketches | Vegetable composition,flower vase, object drawing,birds and animals, human figures | Sculptures (news paper) | 4 |
| August | 1.Portraits 2.Poster making | Portrait (opaque technique, pencil shading,postercolour), Independence day | Door hangings, stone art | 8 |
| September | 1.Calligraphy 2.Poster design | Cursive letter, floral type writing, Graffiti art | glitter painting, quilling | 8 |
| TERM 2 | 1 | 1 | 1 | I |
| November | 1.3-D Art 2.Human sketches 3.Cartoon design | Boy, Eagle,Different posture sketches, caricature, cartoon strips | Metal art | 8 |
| December | 1.Story of Indian art 2.Paintings | Mandana art, Basohliart,knife painting, spray painting | Pot painting | 8 |



| Januray | 1.Pictorial art 2. Double exposure art 3. Painting | Mughal painting,devotional art, nature, human subjects,portraits, copy work of any legendry artist | Mural Painting | 8 |
|----------|---|---|----------------|---------|
| February | Exhibition | | | Periods |

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