

Dear Readers,



Greetings!

Every day, I have the privilege of witnessing the impact of family in the classroom. Family is the cornerstone of a child's support system, and its influence extends far beyond the walls of our school. Family goes beyond simply spending time together; it's about cherishing the bonds that tie us together and recognizing the role each person plays in shaping a child's upbringing. Whether it's parents, grandparents, siblings, or extended family members, each individual contributes to a child's growth and development in a unique way. As educators, we understand the importance of partnering with families to support the holistic development of each child. Family involvement in academic success improves behaviour and fosters positive attitudes towards school. Set aside a day for your family. I encourage you to take time to celebrate the unique bond you share with your loved ones. Whether through a fun outing, a shared meal, or simply spending quality time together at home, cherish these moments and create lasting memories. Let us use this day to express gratitude for the love, support, and guidance your family provides each day. Let us reaffirm the importance of family in shaping the future generation. Together, we can create a nurturing environment where every child feels empowered to reach their full potential.

Sanjeet Kour

Empowering Educators

Changing Education Landscape

The International Daily Rising School organized a training program for teachers on April 28th, 2024 to help them better understand the changing landscape of education. The program focused on three key modules: "Paradigm Shift in Education and Assessment Reforms," "Know Your Child (KYC)," and "Career Counseling & Opportunities." During the program, teachers learned about using learner-centred approaches, personalizing teaching methods, and guiding parents on career pathways. This empowered them to implement innovative teaching strategies and provide career mentorship for students.



Innovative Approaches in Science Teaching

On May 3rd and 4th, 2024, Model Academy organized a two-day capacity-building program featuring Mrs. Neera Mahajan and Mr. Vishal Gupta. The training aimed to empower teachers with the knowledge and skills for effective science teaching, offering an immersive learning experience through engaging activities.



Formative and Summative Assessment in Schools



The State Council of Educational Research and Training (SCERT) Jammu recently hosted a workshop on "Formative and Summative Assessment in Schools" for the Convent Schools of the Diocese of Jammu-Srinagar. Representing Carmel Convent School, Mamta Jamwal attended the event, which began with an overview of the National Education Policy (NEP) 2020. The workshop delved into formative assessment techniques aligned with NEP's goals and equipped educators with a comprehensive understanding of implementing these strategies to enhance the educational experience.

Celebration,

Labour Day

On May 1st, 2024, our school celebrated Labour Day with vibrant performances, including dances and skits. The day also featured a friendly cricket match and a special thank-you to the support staff. Students then took part in cleaning their classrooms, promoting responsibility and teamwork.



Mother's Day

On the 13th of May 2024, the school was transformed into a welcoming and festive place, reminding everyone to appreciate the invaluable influence of mothers. The event featured students' talents in captivating performances, heartfelt gestures, and a wide range of engaging activities including dances, songs, poetry recitals, card-making, photo frame designing, and a lively three-legged race. The day made a lasting impression on all participants, creating a truly delightful occasion.

Family Day

On 15th May 2024, Carmel Convent School in Jammu celebrated Family Day with enthusiasm. The day began with an assembly where students expressed their feelings about their families. Activities included creating family trees, decorating bulletin boards, and a vibrant dance performance. The celebration aimed to emphasize the importance of love and affection among family members in today's fast-paced world.



Echoes of Imagination

On May 3, 2024, Carmel organized a Panchatantra Story writing competition for students in classes VI-VIII. Five outstanding storytellers were selected at the end of the successful event. The competition provided an opportunity for students to demonstrate their creativity, imagination, critical thinking, and communication skills. Participants conveyed powerful messages of love, kindness, and universal brotherhood with clarity and precision.

A Folk Dance Extravaganza

On May 4th, 2024, Carmel Convent School in Jammu organized a House-wise Folk Dance Competition with the theme "Harmony of Rhythms." Mr. Rajesh Rathore, Principal of JK Public School Kunjwani, was the Chief Guest. The event started with welcome and captivating performances, including a prayer dance, choir song, and unity-themed stage setting. Each house presented unique interpretations of Indian dance forms. The event concluded with the announcement of results and words of gratitude and appreciation from the chief guest, contributing to the event's overall success.



Celebrating Humanity and Compassion

The Red Cross Week at Carmel Convent School, from May 6th to 11th, 2024, was a great success. It included activities like First Aid Training, a cleanliness drive, compassion-focused events, a visit to Rajiv Gandhi Hospital, and Red Cross Day celebrations. All participants, volunteers, and organisers received expressions of gratitude, with special mention given to the Red Cross staff and volunteers for their commitment to helping people.



Empower Your Future

Career Expo 2024 – 25

On May 15th, 2024, Carmel Convent School hosted the "Carmel Career Expo" for students in grades 10th to 12th. The event, held in the school library, featured brochures and pamphlets from various Indian and foreign universities, providing an on-campus career fair experience. Students engaged with the school counsellor to gain insights into academic programs and career options, fostering their aspirations.

SOHA Exhibition

On May 10th, 2024, Carmel Convent School hosted the Seeds of Hope and Action (SOHA) sustainability exhibition in collaboration with Bharat Soka Gakkai (BSG). The exhibition was inaugurated by Chief Guest Fr. Shaiju Chacko, the Chairman of the Diocesan Board of Education, Sr. Maria Swati (School Principal), and BSG members – Ms Seema Ahuja, Ms. Priya Choudhary, Mr. Shantanu, and Mr. Diwakar. Students from grades eight to eleven explained 26 informative panels, sparking conversations and fostering environmental awareness. The exhibition attracted around 650 students and teachers. During the closing ceremony, Fr. Shaiju Chacko announced the establishment of the Sustainable Development Goals (SDG) Club, recognizing the proactive efforts of the exhibition members.



Majestic Manali: An Adventure Trek

The camping trip to Manali was an unforgettable experience for students in classes 7 to 12, organized by A. R. Tours. The trip offered adventure, learning, and fun in two shifts. The package included inspiring lectures, thrilling adventure activities, mountain trekking, and exploration of Manali Mall Road. The students also enjoyed riverside fun and challenging sports. It was a trip filled with learning, teamwork, and an appreciation for nature. The dedicated staff ensured a safe and enjoyable experience for all. The students exhibited excellent behaviour and outstanding performance in all activities.



Summer Camp

The Health and Wellness Club organized a transformative summer camp from May 29th to 31st, 2024, to highlight the vital connection between a healthy body and a healthy mind. Students from grades 1 to 12 participated in a range of activities designed to promote relaxation and reduce stress, ensuring a holistic approach to well-being.

Nutritious Nourishment: Cultivating Healthy Eating Habits

Students at the school participated in a salad-making competition, showcasing their ability to elevate the dining experience by infusing both taste and nutrition into their creations. The competition emphasized both the preparation and the artistic presentation of the salads, highlighting the aesthetic aspect of the event.



Harmony in Motion: A Journey Through Yoga

The PT teachers conducted a Yoga Activity on the school grounds, which included energizing warm-up exercises, with all students participating actively. They guided the students through various asanas, explained their significance, and emphasized the importance of integrating yoga into daily life to maintain harmony between the body and mind.



Athletic Endeavors: Energizing the Body, Inspiring the Spirit

The primary objective of hosting sports-related activities, such as a variety of games, is to foster and promote active participation among students. This approach aims to enhance physical health and address prevalent issues like obesity and sedentary lifestyles.



Until We Meet Again: A Farewell to Remember

With deep gratitude, the Carmel family joyfully bid farewell to our esteemed school manager, Fr. Justin, on May 31, 2024. We wholeheartedly wish him the very best as he embarks on his new mission as the Principal of St. Peter's School, B.C. Road.



Athletic Excellence

