

SYLLABUS FOR 2024-25

Class:- VIII

CLASS	VIII	BOOKS	
SUBJECT	ENGLISH		

MONTH	NAME OF CHAPTER	SUB -TOPICS	ACTIVITIES
April	1.A good deed comes round. 2.The Ant and the Cricket. (Poem)	Kindness. Courage.	Skit on kindness.
May	3.A Spark Neglected Burns The House. 4.The Last Bargain. (Poem) Grammar - Phrases, Noun, Pronoun	Ignorance. Rhyming words.	Poem recitation.
July	5.So What Are You, Anyway! Grammar - Adjective	Intonation of words.	Speech on beauty of Nature.
August	6.Be The Best Whatever You Are (Poem). 7.The Best Christmas Present in The World - I.	Be word wise and skill based terms. Vocabulary and new terms.	Story writing. Carol singing.
September	Revision & Term 1		
October	8.If (Poem) Grammar - Informal letter	Imagination.	Role play .
November	9.The day of the bare feet. 10.Nine Gold Medals(Poem) Tense - Present	Rhythmic sounds . Sports and games.	Cricket match. Essay writing on values of games and sports.
December	11.Abrahim lincoln. 12.It Couldn't Be done. (Poem) Grammar - Tense : Past	Leadership. Courage and boldness.	Debate on "Discrimination is still prevalent in India"(against / favour).
January	13.The Gift Of The Maggi. 14.Drop A pebble In The Water (poem). Grammar - Adverb	Giving and appreciation. Imagination.	Thanks giving notes.
February	Revision 15.A Mother's Hand. 16.I Have A Dream (poem)	Love and care. Imagination.	Poem writing on Mother 's day.
March	Term 2		

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CLASS	VIII	BOOKS	VASANT BAGH - 2
SUBJECT	HINDI	PUBLISHER	NCERT

TERM-1

Month m	CHAPTER'S NAME	TOPIC / SUB TOPIC	GRAMMAR	Activity
अप्रैल	दीवानों की हस्ती (कविता) बस की यात्रा (व्यंग्य)	भाग - पद्य विधा - कविता सारांश - कवि नई पीढ़ी को जागरूक करना चाहते हैं ।	अपठित गद्यांश अपठित काव्यांश पठित गद्यांश	समाचार पत्रों से हास्य व्यंग्य आत्मक लिखो का संकलन व कक्षा में आवाज के उतार-चढ़ाव के साथ वचन करना
मई	लाख की चूड़ियाँ (कहानी)	भाग - गद्य विधा - निबंध सारांश - संवादमाध्यमों की विकास यात्रा का रोचक विवरण है ।	उपसर्ग और प्रत्यय संज्ञा मुहावरे विराम चिह्न	चूड़ियों की दुकान का विज्ञापन निर्माण
जून	भगवान के डाकिये (कविता) यह सबसे कठिन समय नहीं	भाग - गद्य विधा - व्यंग्य सारांश - यातायात की दुर्व्यवस्थाओं पर व्यंग्य करती है ।	अनुच्छेद लेखन	पक्षी जगत पर आधारित एक कविता लिखो
अगस्त	क्या निराश हुआ जाए (निबंध)	भाग - गद्य विधा - कहानी सारांश - शहरीकरण - औद्योगिकरण विकास से ग्रामोद्योगों के उजड़ने की पीड़ा को चित्रित करती है ।	पत्र लेखन सूचना लेखन संदेश लेखन संधि एवं संधि विच्छेद निमंत्रण पत्र	समाचार पत्र से पांच सकारात्मक घटनाओं का संकलन कर उसे पर अपनी टिप्पणी लिखिए
सितंबर	कबीर की साखियाँ	भाग - पद्य विधा - कविता सारांश - विश्वबंधुत्व की भावना ।	क्रिया और उसके भेद वाक्य सर्वनाम ई - मेल निबंध लेखन	

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TERM-2

MONTH	CHAPTER'S NAME	TOPIC / SUB TOPIC	GRAMMAR	
अक्टूबर	जहाँ पहिया है	भाग - गद्य विधा - आलेख सारांश - सिनेमा के इतिहास के एक पड़ावको उजागर किया गया है।	विलोम शब्द संवाद लेखन	नई एक रूप अनेक विषय पर समूह चर्चा तथा नारा या पोस्ट का निर्माण
नवंबर	पानी की कहानी अकबरी लोटा	भाग - गद्य विधा - कहानी सारांश - अपने स्वार्थ के लिए दूसरों को मूर्ख नहीं बनाना चाहिए	वर्ण विचार पदबंध	विज्ञान व सामाजिक विज्ञान की शिक्षिका के द्वारा जल के निर्माण व अस्तित्व चक्र का निर्माण 2. नुककड़ नाटक लेखन व मंचन
दिसंबर	सुदामा चरित्र (कविता)	भाग - गद्य विधा - कहानी सारांश - समय पर और सही तरीके से काम करना।	विज्ञापन लेखन अलंकार चित्र वर्णन	श्री कृष्ण और सुदामा की पीपीटी तथा मित्रता पर आधारित अनुच्छेद
जनवरी	सूर के पद (कविता)	भाग - पद्य विधा - कहानी सारांश - पदों में - वात्सल्य	विशेषण समास	श्री कृष्ण की बाल लीलाओं का वर्णन करते हुए तथा कृष्णा कवियों का एक कोलाज तैयार करें
फरवरी	बाज और साँप (कहानी)	भाग - पद्य विधा - कविता सारांश - निराशन होकर अपने लक्ष्य की ओर बढ़ना है।	वाच्य	ऐसे महान व्यक्तियों का की संक्षिप्त जीवन वृत्तांत सुनना जिन्होंने असफलता के बाद भी केवल दृढ़ इच्छा शक्ति के बल पर अंततः सफलता प्राप्त की

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Class VIII	MATHS	

TERM-1

MONTH	TOPIC	SUB - TOPICS	ACTIVITIES
APRIL	1- Rational Numbers	Properties of Rational Numbers	ACTIVITY-1 Using number line locate rational numbers Between two rational numbers.
	2- Linear Equations	Equations and their applications	ACTIVITY-2 To solve linear equation by paper cutting and pasting.
MAY	3. Understanding Quadrilateral	Quadrilateral, and different Polygons	ACTIVITY-3 To fold a paper 8 times in any way and unfold it then locates various concave and convex Polygons.
	9- Algebraic Expression and identities	Algebra and its identities	ACTIVITY-4 Using number line locate rational numbers Between two rational numbers.
JULY	6- Square and Square roots	Square Numbers	ACTIVITY-5 To design number patterns and write their next ten steps
	7- Cube and Cube roots	Cube Numbers	ACTIVITY – 6 Working with Patterns on Cube and Cube roots.
AUGUST	5- Data Handling	Pictograph, Bar graph, Pie chart	ACTIVITY-7 Draw a double bar graph for marks obtained in different subjects of your class and a pie chart on average time spent by students on different subjects throughout the day.
SEPTEMBER	Revision		

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Class:- VIII

TERM-2

MONTH	LESSON / CHAPTER	TOPIC/SUB TOPIC	NO. OF PERIODS
OCTOBER	11- Mensuration	Perimeter and Area of Polygons	ACTIVITY-8 To derive the formula for surface area of a cuboid and solid cylinder. ACTIVITY-9 To compare the surface areas of two unit-cubes and the cuboids obtained by these unit cubes.
	15- Introduction to Graphs	Bar graph and pie chart	Bar graph
NOVEMBER	13- Direct and Inverse Proportion	Unitary method, Indirect method	ACTIVITY-10 Identifying and listing some real-life situations on direct and Inverse property.
DECEMBER	12- Exponents and Powers	Laws of exponents, Scientific notation	Laws of exponents charts
	14- Factorisation	Addition and Subtraction of	ACTIVITY-11 Finding factors by activity method splitting the middle term.
JANUARY	8- Comparing Quantities	Compound interest, profit and loss, Ratio&Proportion	ACTIVITY-12 Finding profit and loss for any given data collected from local newspapers.
FEBRUARY	Revision		
	Term 2		

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Class:- VIII

CLASS	VIII	BOOK	SCIENCE
SUBJECT	SOCIAL SCIENCE	PUBLISHER	NCERT

Month	Name of chapter	SUB -TOPICS	Activities
April	1.How When and Where (History) 2.Resources (Geography) 3.The Indian Constitution (Pol- Science) 4.From Trade to Territor (History)	Dateline. Landforms. Preamble.	Drama (Ancient records)
May	6.Tribals ,dikus and the vision of a golden age (History) 7.Industries (Geography) 8.Understanding Marginalisation (Pol- Science) 9.Women Caste and Reform (History)	Culture and traditions. Primary , secondary and tertiary sectors. Rights. Social reforms.	(Food fest)
July	10.Understanding Secularism (Pol- Science) 11. When People Rebel (History) 12.Understanding Laws (Pol- Science)	Social justice. Revolutions/ reforms . Rules/ regulations.	Debate on Secularism.
August	13.Agriculture (Geography) 14. Why do we need a Parliament. (Pol- Science)	Topography. Loksabha / Rajya sabha.	Conservation of endangered species.
September	Revision &Term1		

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October			
November	15.Ruling the Countryside (History) 16. Weavers , Iron Smelters and Factory Owners (History) 17. Confronting Marginalisation (Pol-Science) 18.Judiciary (Pol-Science) 19. Minerals and Power Resources (Geography) 20.Understanding Our criminal System (Pol-Science) 21.Public Facilities (Pol-Science)	New Rulers. Workers / Occupations. Social Inequality. Resources. Judiciary. Government institutions.	Stone painting.
December	22.Civilising the Native, Educating the Nation (History) 23.Land ,soil, water,Natural Vegetation and wild life resources. 24.Human Resources (Geography) 25.Law and Social Justice (Pol- Science)	Modern / Ancient civilization. Soil formation. Natural resources and man made resources. Inequality.	Best out of waste.
January	26. The Making of National Movements (History). 27. India After Independence (History)	National events. Diversity.	Speech on National movements.
February	Revision		
March	Term 2		

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CLASS	VIII	BOOK	SCIENCE
SUBJECT	SCIENCE	PUBLISHER	NCERT

TERM-1

MONTH	CHAPTER	TOPIC / SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
April	1. Crop Production and Management.	Agricultural Practices Methods of Irrigation Food from Animals	10	9
	7. Conservation of Plants and Animals.	Deforestation : causes and consequences Conservation of forest Recycling of paper	5	9
May	16. Light	Laws of reflection Kaleidoscope Human eye Braille system	10	9
		The cell : Structure and function Comparison of plants and animals	10	8
July	11. Force and Pressure	Types and effects of forces Pressure exerted by liquids and gases	10	9
August	5. Coal and Petroleum.	Story of coal and petroleum	7	9
	9 Reproduction in Animals.	Modes of reproduction	7	9
	14. Chemical Effects of Electric Current.	Conduction in liquids Electroplating	7	9
		Factors affecting friction Fluid friction	7	9
		Air pollution Green house effect Water pollution	7	9

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TERM-2

Month	CHAPTER	TOPIC/SUB TOPIC	NO. OF PERIODS	WEIGHTAGE
October	12. Friction	Physical and chemical properties of metals and non metals	10	8
November	13. Sound	Sound produced by humans Noise pollution	10	9
	15. Some Natural Phenomenon	Lightning Earthquake causes and protection	10	9
December	2. Microorganisms: Friends and Foe	Uses and harms of microorganism Nitrogen Cycle	10	9
		Types and Characteristics of Synthetic Fibres. Plastic and Environment.	10	9
January	6. Combustion and flame	Types of Combustion. Structure of flame. Fuel Efficiency	10	9
	10. Reaching the age of Adolescence	Adolescence and Puberty. Say no to drugs.	10	9
February		Members of Solar System.	10	9

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CLASS	VIII	BOOK	CYBER CONNECT – 8
SUBJECT	COMPUTER	PUBLISHER	KIPS

TERM-1

MONTH	CHAPTER	LESSON NAME	SUB TOPIC	No. of Periods	Weightage
April	1	Networking	Networking	6	8
			Advantages of Networking		
			Disadvantages of Networking		
			Networking Components		
			Wireless Networking		
			Types of Networks		
			Network Topologies		
			Network Security		
May	2	Emerging Trends	Blockchain	7	8
			Augmented Reality (AR)		
			Virtual Reality (VR)		
			Mixed Reality (MR)		
			Extended Reality (XR)		
			Expert System		
			Edge Computing		
May	3	Animation in Krita	Layers	6	8
			Animation in Krita		
			Switching to Animation Workspace		
			Creating Animation		
July	4	Audacity	Features of Audacity	7	8
			Starting Audacity		
			Components of Audacity Window		
			Opening Audio Files		

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			Playing an Audio File		
			Editing Audio Files		
			Editing Audio Settings		
			Recording		
			Saving the Project		
August	5	Introduction to App Development	Apps	6	8
			Types of Apps		
			Downloading and Installing an App		
			Developing Your Own App		
August	Extra	Revision of Office Tools	Word		
			PowerPoint		
			Excel		
September		Revision			

TERM-2

MONTH	CHAPTER	LESSON NAME	SUB TOPIC	No. of Periods	Weightage
October	6	Links and Frames in HTML 5	Revising HTML Tags	5	8
			Linking Web Pages		
			Audio and Video		
			Frames		
October	7	Using Loops in MakeCode	The Concept of Loops	6	8
			Exit Criteria		
November	8	Iterative Statements in Python	Operators	5	8
			Types of Control Structures		

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			Conditional Statements		
			Concept of Loops		
			Iterative Statements		
			for loop		
			while loop		
			Infinite loop		
			Using else in Loops		
December	9	Big Data	Defining Big Data	5	8
			The 5 V's of Big Data		
			Applications of Big Data		
			Interpreting Data		
January	10	Data Science	AI and its Domains	6	8
			Introduction to Data		
			Types of Quantitative Data		
			What is Data Science?		
			Life Cycle of Data Science		
			Applications of Data Science		
February		Revision			

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CLASS	VIII	BOOK	
SUBJECT	G. K.	PUBLISHER	

MONTHS	NAME OF THE CHAPTERS
APRIL	Pocketful of Sunshine. Born to wild, Wild wild wheels. Write Now Write Here! Instant doodles. Larger than life, All A - Board Name the game, Thrill Bill, Opus Potus
MAY	Tsar Tsar Blinks , Import Export, Trail Blazers Network Networth. , Public Domain Proto Types , Think Tank, Elementary, my dear State of Affairs, Built to last
JULY	Full hand, Country classic Platter chatter
AUGUST	Fame Game, logo motion, National treasures Display pictures, poach coach, Master chefs Imagine Dragons, Happy days are here ! Move it ! move it , Vector spectre, frost byte
SEPTEMBER	Shark Enterprises, Words of wonder Reel classics, Mind your language Silver sprints, Throne to games
OCTOBER	Mars attacks, battle scars, talk like an Egyptian , desi dreamers, Toast of the coast rise of the machine, power play, fundamental bytes, future forward, plug and play
NOVEMBER	Iconic India, parallel thinkers, break the code Global Gobble, flower power, Angry birds Harbour city, feathered friends , Namaste Thsiland, Absolutely Me
DECEMBER	Spit fire, jingo jingle, write wingers, rings of glory For better or verse, net flicks, making a racquet, medal tally Chit chat, she's all that , flair deccan, cosmos cruise, Indian Navy
JANUARY	Globe masters, Vintage Vikings, Norse code, Number Maze, Pachyderm Problem
FEBRUARY	Things that Go Vroom, Melody Medley
MARCH	Revision

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CLASS	VIII	BOOK	MY FIRST SAFETY WORKBOOK-8
SUBJECT	VALUE EDUCATION	PUBLISHER	PROJECT CACA

TERM-1

CHAPTER	LESSON	Moral values/ Life skills	ACTIVITIES
1	Say Hello!	Moral Value : Adolescence Issues Life Skill :Decision Making	Show video on adolescence.
2	Getting to Know Yourself	Moral Value: Self Awareness & Self Esteem Life Skill :Empathy	Give their introduction, hobbies, likes, dislikes etc.
3	Arpit gets Angry	Moral Value : Civic Nationalism Life Skill: Anger Management	Show video , Play house wise
4	Murali is Cool	Moral Value :Benefits of Mental Health Life Skill :Goal Setting	Exercise and yoga
5	Human body is like a Machine.....but	Moral Value : Create Personal Boundaries Life Skill :Self Awareness	Role play scenario
6	All about communication	Moral Value :Be Confident Life Skill : Effective Communication	Mock interview
7	Laws and Child Right	Moral Value :Be Responsible Life Skill : Know your Rights and Laws	Video on child's right
8	A Message from the Father of the Nation	Moral Value :Truth & Wisdom Life Skill : Know your Child Rights	Message writing
9	999, 999 v/s 999	Moral Value : Always follow right means Life Skill : Empathy	Debate on moral principles
10	An Open Letter	Moral Value : Accept Challenge & Failure Life Skill : Critical Thinking	Role play as failure resume
11	Chandala, the Surgeon	Moral Value :Dignity of work Life Skill : Empathy	Play on dignity if every work
12	Us v/s Them	Moral Value :Belongingness Life Skill : Togetherness	Make community circle and share experience and express gratitude
13	Why Love One and Eat the Other	Moral Value :Thoughts and actions Life Skill : To develop Character	Devate on thought an actions
14	Fingers v/s Thumbs	Moral Value :Love Life Skill :Empathy	Play on love with family
15	Be careful with	Moral Value : Always act and react	Video on safety from

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	strangers	safely Life Skill : Cyber Safety	stranger
16	Footprints without Feet	Moral Value: Have a safe Social Networking Life Skill :Cyber Safety	Video on cyber safety

TERM-2

CHAPTER	LESSON	Moral values/ Life skills	ACTIVITIES
17	It's okay to be Sacred	Moral Value : Responsible Life Skill :Emotional Stability	House wise play
18	When to share a secret	Moral Value : Sharing Life Skill : Decision Making	Tiffin sharing
19	In Touch with my Feelings	Moral Value: Importance of Mental Health & Wellbeing. Life Skill : Responsibility	Exercise and yoga
20	A Room Full of mirrors	Moral Value : : Importance of Personal Safety Life Skill : Being Alert	Video and play on going tuition
21	A Trip to Remember	Moral Value : Be Safety Life Skill : Critical Thinking	Play on when childrenis at home alone
22	The Curse of Bullying	Moral Value : Coping with the emotions Life Skill: Behavior modification	Video on changing behaviourat adolescence
23	Boys Don't Cry, Oh Really!	Moral Value : Gender equality Life Skill: Gender Sensitization	Celebrating women's day
24	Have you ever used a Diaper	Moral Value : Accept the change Life Skill : Self hygiene	Talk on Self hygiene by teacher
25	Arpit helps Nancy	Moral Value : Interpersonal Relationships Life Skill : Effective Communication	Speech on any topic
26	Friends & Special Friends	Moral Value: Unity in Diversity Life Skills: Interpersonal Relationship	Talk on friendship in different culture
27	7 - Step Safety Rule	Moral Value: Be Safe Life Skill: Being Assertive	Video on girls safety
28	Change Begins with Me	Moral Value: Be a change maker Life Skill: Decision making	Video on career maker
29	Armageddon	Moral Value: Health is real wealth Life Skill : Self Awareness	Housewise play
30	What is in a Name, Oh Really	Moral Value: Identify the Consequences of Bad Habits Life Skill : Awareness	Good and bad habits video
31	All about Fire Extinguishers	Moral Value: Social skills Life Skill : Responsibility	Role play introducing oneselfas a society worker.

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CLASS	VIII	BOOK	Gulzaar-E-Urdu(4)
SUBJECT	URDU	PUBLISHER	AARSHBOOKS

TERM-1

وزن	ادوار کی تعداد	سبق نمبر اور سبق کا نام	مہینے	نمبر شمار
۰۱	۸	○ خدا کی تعریف۔ ○ لڑکے کیسے چائے۔	اپریل	-۱
۰۱	۸	○ جب سینہ پڑتا تھا۔ ○ سردی آئی۔	مئی	-۲
۰۱	۸	○ انصاف۔ ○ بوٹا کی بو۔	اگست	-۳
۰۱	۸	○ وقت کی سحر۔ ○ درخت کی گواہی۔	ستمبر	-۴

TERM-2

وزن	ادوار کی تعداد	سبق نمبر اور سبق کا نام	مہینے	نمبر شمار
۰۱	۸	○ ہمارا وطن۔ ○ غرور منگی جیے۔	اکتوبر	-۶
۰۱	۸	○ اسد الہی خان غا۔ ○ آزادی کی یاد۔	نومبر	-۷
۰۱	۸	○ ڈاکٹر ناگر حسین۔ ○ صفائی اور صحت۔	دسمبر	-۸
۵	۶	○ ہمردی۔	جنوری	-۹
۵	۶	○ خطوط اور درخواست۔	فروری	-۱۰

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CLASS	VIII	BOOK	
SUBJECT	MUSIC	PUBLISHER	

Theory

No.	Units	Periods(60)	Marks(30)
Unit1		11	
1.1	Definition of, Sangeet, Dhvani, Nada, Shruti, Swar, Saptak, Alankar, Thaata, Jati, Margi, Desi	07	06
1.2	Definition of, Laya, Tala, Matra, Sam, Tali, Khali, Vibhag, Avartan	04	
Unit2		08	
2.1	Define of, Raga, Aroha, Avroha, Pakad, Vadi, Samvadi, Anuvadi, Vivadi.	04	06
2.2	Define of, Bandish, Sthai, Antara, Swarmalika, LakshanGeet, Khayal.	04	
Unit3		13	
3.1	Describe and brief the life sketch of Tansen	08	06
3.2	Origin and Development of sitar	05	
Unit4		14	
4.1	Description of the following Ragas: Bhairav, Bageshri, Malkauns	08	06
4.2	Description and ability to do Tala-Notation of the following Talas: Teentala, Tilwada, Choutal, Ektala, Keharwa, Dadra	06	
Unit5		14	
5.1	Ability to write notation of compositions in prescribed Ragas.	10	06
5.2	To Identify Ragas from the phrases and elaborate them in swaras	04	

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(Practical)

S.No	Topics	Periods(160)
1.	Eight Alankarasetto all prescribed Ragas and Talas.	16
2.	One Swarmalika and one Lakshan Geet in each prescribed Raga.	20
3.	Aaroha, Avroha, Pakad and Drut Khayal with few Alaps and Tanas in the following Ragas: Bageshri, Malkauns, and Bhairav.	64
4.	Identification of prescribed Ragas from the phrases of swaras rendered by the examiner.	12
5.	i. National Anthem ii. National Song iii. Patriotic Song iv. Community Song v. Devotional Song vi. Folk Song vii. School song	28
6.	Recitation of the Thekas of the following Talas with Dugun, keeping Tala with hand-beats: Teentala, Tilwada, Choutal, Ektala, Dadra, Keharwa,,	20

Structure for Assessment

Sr.No.	Value Points	Marks
1	Alankarasetto all prescribed Ragas and Talas	4
2	One Swarmalika and one Lakshan Geet	6
3	Aaroha, Avaroha, Pakad and Drut Khayal with few Aalaps and Tanas in each of the following Ragas 1. Bageshri 2. Malkauns 3. Bhairav	24
4	Identification of prescribed Ragas from the passages of Swaras rendered by the examiner	4

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5	Anythreeofthefollowing: i. NationalAnthem ii. NationalSong iii. PatrioticSong iv. CommunitySong v. DevotionalSong vi. FolkSong vii. School Song	
6	Recitation of the Thekas of the prescribed Talas with dugun i. Dadra vTilwada ii. Keharwa viChoutal iii. Ektala iv. Teentala	6

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Class:- VIII

CLASS	8	BOOK	JUNIOR ARTIST
SUBJECT	ART & CRAFT	PUBLISHER	LANGERS

TERM 1				
Months	Art Topics	Sub Topics	Craft	Periods
April	1.Monochrome painting 2.Pattern design 3.Concept of colours	Colour combination chart, Scenery, Sunset scene, silhouthe painting, floral deigns	Jute painting	8
May	1.Still life drawing 2.Egyptian papyrus painting 3. Composition from miniature painting	Object drawing, fruits composition, vegetables composition, doodle cartoon, human cartoon, human caricature	Embroidery traditions	8
July	1.Calligraphy 2.Ink wash painting 3. CulturL heritage craft map	Expression of word art, Graffiti art, Illusion art	Glass painting	4
August	1 Painting on canvas Artist monograph dedignand publications	Bird and animal sketching, Human figures, Different postures sketches	Make terrarium	8
September	1.Portraits 2Decorative art (Natural heritage wild life map 3.Concept mapping	Portrait (pencil shading, stippling, ink and brush shading), spray painting, Thread painting.	Pot / bottle Decoration	8
TERM 2				
November	1.Experitional drawing 2.Poster design (social Campaign)	Story board,,,Scene from the theater,workingwomen ,world literacy da	M-seal painting	8
December	1.Tradition and experiences	Madhubaani,Mandala, warliart,geometrical	Work with POP	8

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	2.nature drawing	design, positive and negative drawings		
Januray	1.3-D Art 2.Reflection method	,Different posture sketches, caricature, cartoon strips, Ink art, Nib painting	Figurative sculpture sculpture	8
February	Exhibition			Periods

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CLASS	VIII
SUBJECT	GAMES

TERM - 1

Month	Topic	Sub topic	No of period	weight age
April	Mass pt exercise and warn up exercise. Olympic And Athletic	Free hand exercise , standing exercise and setting exercise .	05	15
		History of OLYMPIC and classification of track and field event.	15	
May	Mass pt exercise and warn up exercise. Components of physical fitness . Game : kho kho and kabaddi	Free hand exercise , standing exercise and sitting exercise.	05	05
		Explain physical fitness and its component i.e strength , speed , endurance , flexibility and co-ordination History , rules, specification of playfield , basic equipments and fundamental skill of kho kho and kabaddi.	05 10	05
July- August	Mass pt exercise and warn up exercise Yoga exercise. Game : football and volleyball.	Free hand exercise , standing exercise and sitting exercise.	05	10
		Define and different type of yoga asana and its important. History , rules, specification of playfield , basic equipments and fundamental skill of football and volleyball.	05 10	05
September	1. Warm-up and Mass P.T. Exercises. Physical education Game: cricket and basketball	Free hand exercise , standing exercise and sitting exercise	05	05
		Define and important of physical education. History , rules, specification of playfield , basic equipments and fundamental skill of cricket and basketball.	05 10	

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TERM – 2

Month	Topic	Sub-Topic	No. of Period	Weight age
October	Mass pt exercise and warn up exercise.	Free hand exercise , standing exercise and setting exercise .	05	05
	Effect of Exercise on Human Body	Effects of exercises on human systems like digestive and circulatory system.	05	05
	Gymnastics	Gymnastics like forward roll , backward roll, side ward roll , balance on one leg ,cat and scissor jump , 180 turn on leg exercises for balancing.	05	10
	Yoga	Define and different type of asana and benefits.	05	
November	Mass pt exercise and warn up exercise	Free hand exercise , standing exercise and setting exercise .	05	05
	Balance Diet	Teach the students about balance diet like fat, vitamin, minerals, iron etc .	05	
	Games	Carrom , Kho-Kho, Basketball, Volleyball	10	05
December-January	Mass pt exercise and warn up exercise.	Free hand exercise , standing exercise and setting exercise .	05	05
	Leadership	Define importance and leadership quality.	05	
	Athletics	Track and field events Track events (running) : Short run, middle distance run , huddle running . Field events (jumping) : Long jump ,triple jump, high jump	10	10
	Games			
February	Mass pt exercise and warn up exercise.	Free hand exercise, standing exercise and setting exercise .	05	05
	Games	History, rules, specification of playfield, basic equipments and fundamental skill of kho kho ,Volleyball ,Basketball .	10	
	Injuries	Define and type of injuries	05	05